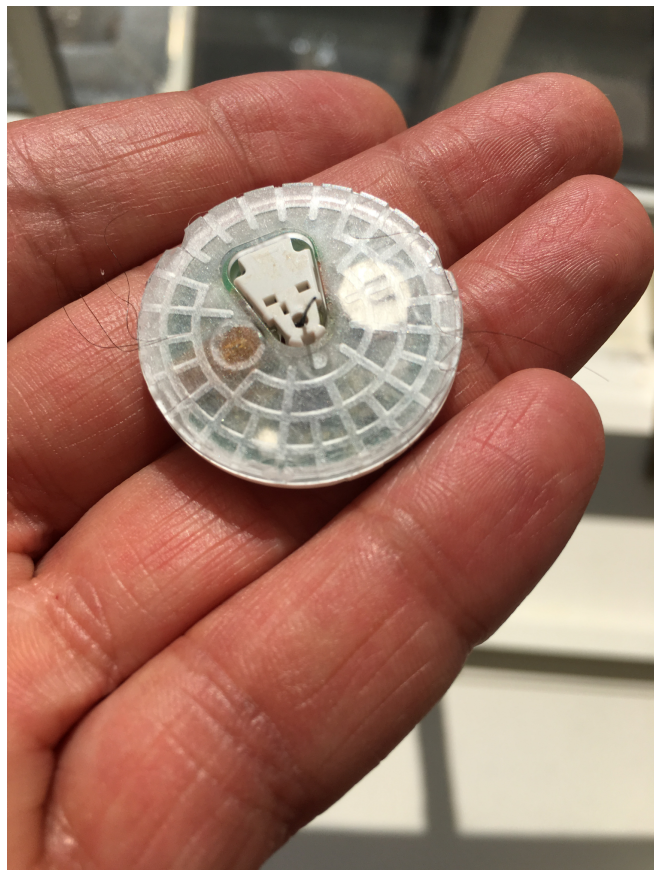
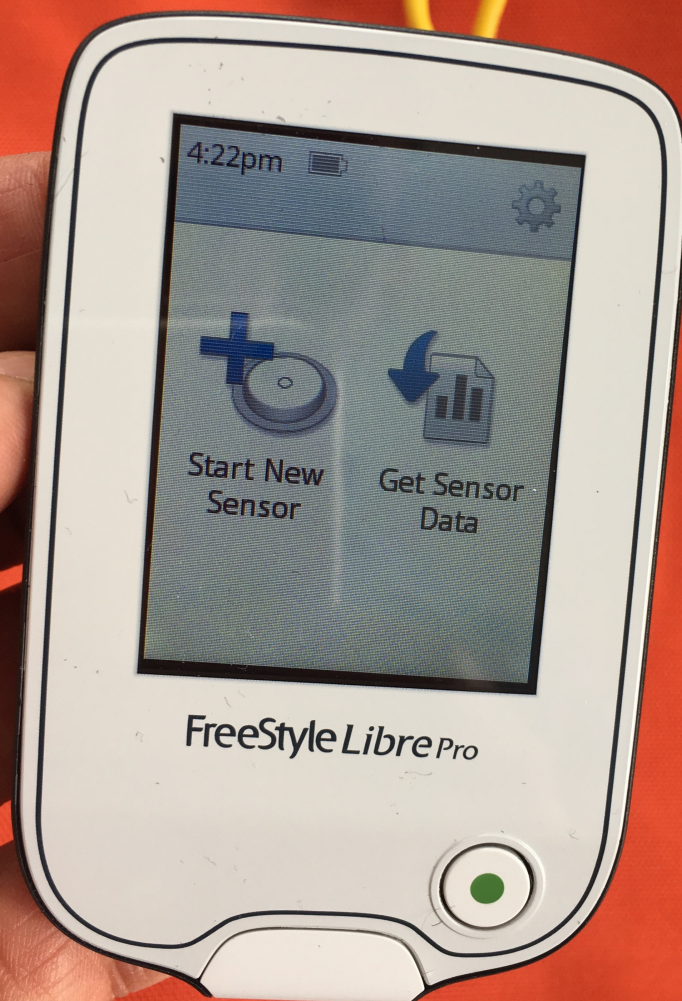


Unexplained Glucose Spikes At Night





Welcome to FreeStyle Libre Pro Software



Create Reports

Use the information on your Reader to create, view, save, and print a variety of reports.



Change Reader Settings

Modify settings on your Reader, including date, time, and target glucose range.

Reader Connected



READER TIME: 16:25

READER DATE: 2017/06/16

FreeStyle Libre Pro

! Add Sensor Profile

Enter a name or patient ID to create reports from this Reader. Sensor SN: 1MH0001VG18

Name

Patient ID

Cancel

Save

1

ID	Time	Record Type	Historic	Glucose (mg/dL)
----	------	-------------	----------	-----------------

35405	2017/06/14 02:33		0	78
35406	2017/06/14 02:48		0	78
35407	2017/06/14 03:03		0	70
35408	2017/06/14 03:18		0	60
35409	2017/06/14 03:33		0	57
35410	2017/06/14 03:48		0	56
35411	2017/06/14 04:03		0	55
35412	2017/06/14 04:18		0	55
35413	2017/06/14 04:33		0	64
35414	2017/06/14 04:48		0	73
35415	2017/06/14 05:03		0	72
35416	2017/06/14 05:18		0	73
35417	2017/06/14 05:33		0	74
35418	2017/06/14 05:48		0	73
35419	2017/06/14 06:03		0	72
35420	2017/06/14 06:18		0	71
35421	2017/06/14 06:33		0	68
35422	2017/06/14 06:48		0	65
35423	2017/06/14 07:03		0	68
35424	2017/06/14 07:18		0	80
35425	2017/06/14 07:33		0	91
35426	2017/06/14 07:48		0	99
35427	2017/06/14 08:03		0	111
35428	2017/06/14 08:18		0	98
35429	2017/06/14 08:33		0	88
35430	2017/06/14 08:48		0	91
35431	2017/06/14 09:03		0	102
35432	2017/06/14 09:18		0	130

my questions

no diabetes

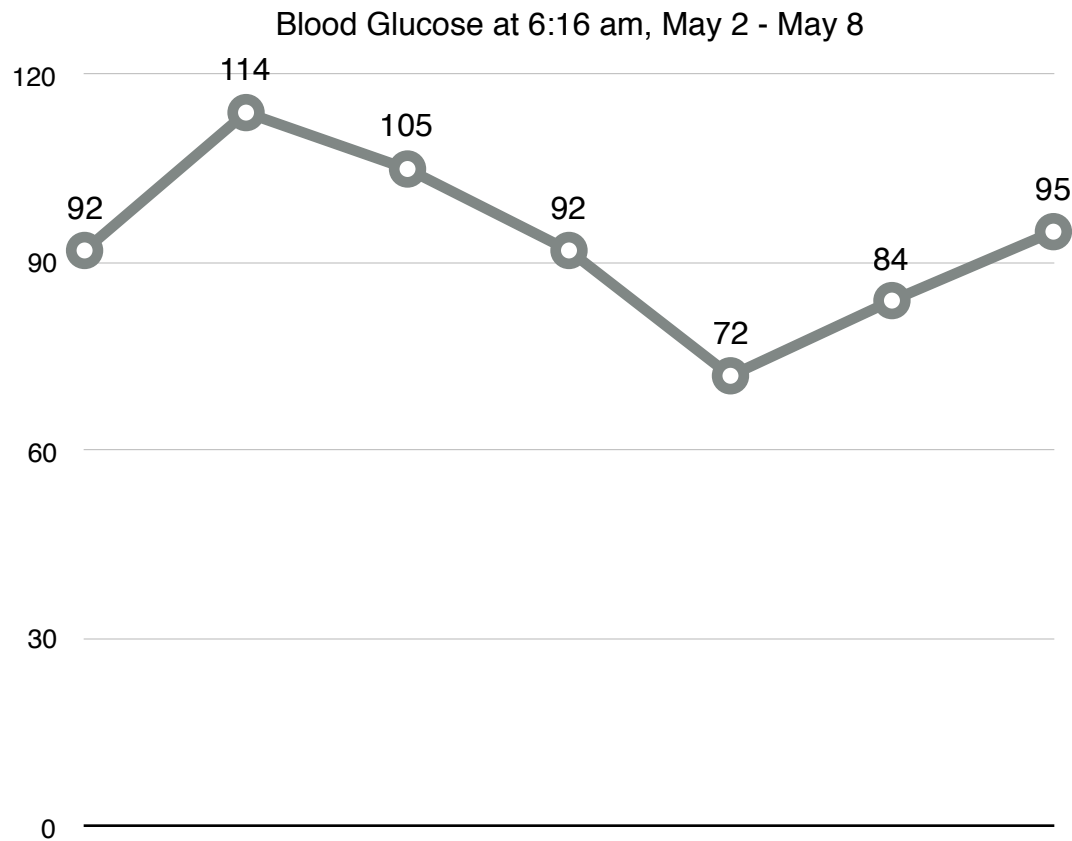
Fasting blood sugar test. A blood sample will be taken after an overnight fast. A fasting blood sugar level less than 100 mg/dL (5.6 mmol/L) is normal. A fasting blood sugar level from 100 to 125 mg/dL (5.6 to 6.9 mmol/L) is considered prediabetes. If it's 126 mg/dL (7 mmol/L) or higher on two separate tests, you have diabetes.

Dr. Tiffany

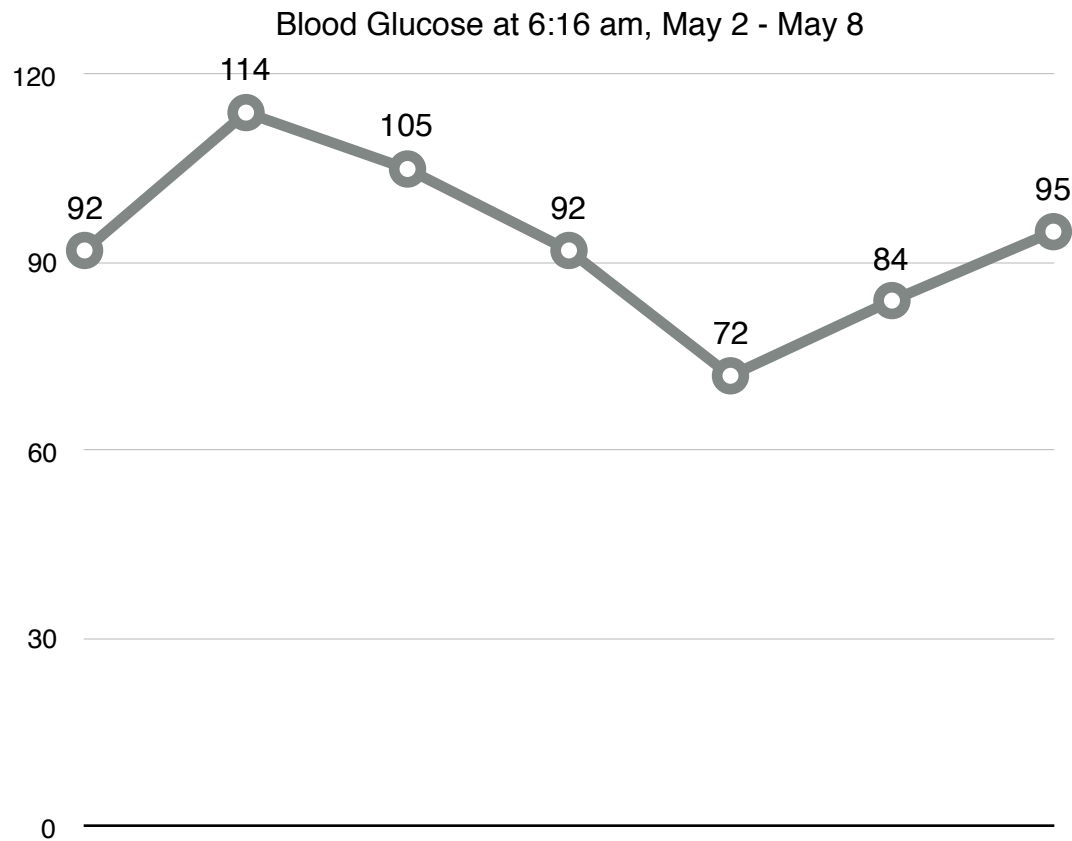
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ID	Time	Record Type	Historic Glucose (mg/dL)
----	------	-------------	--------------------------

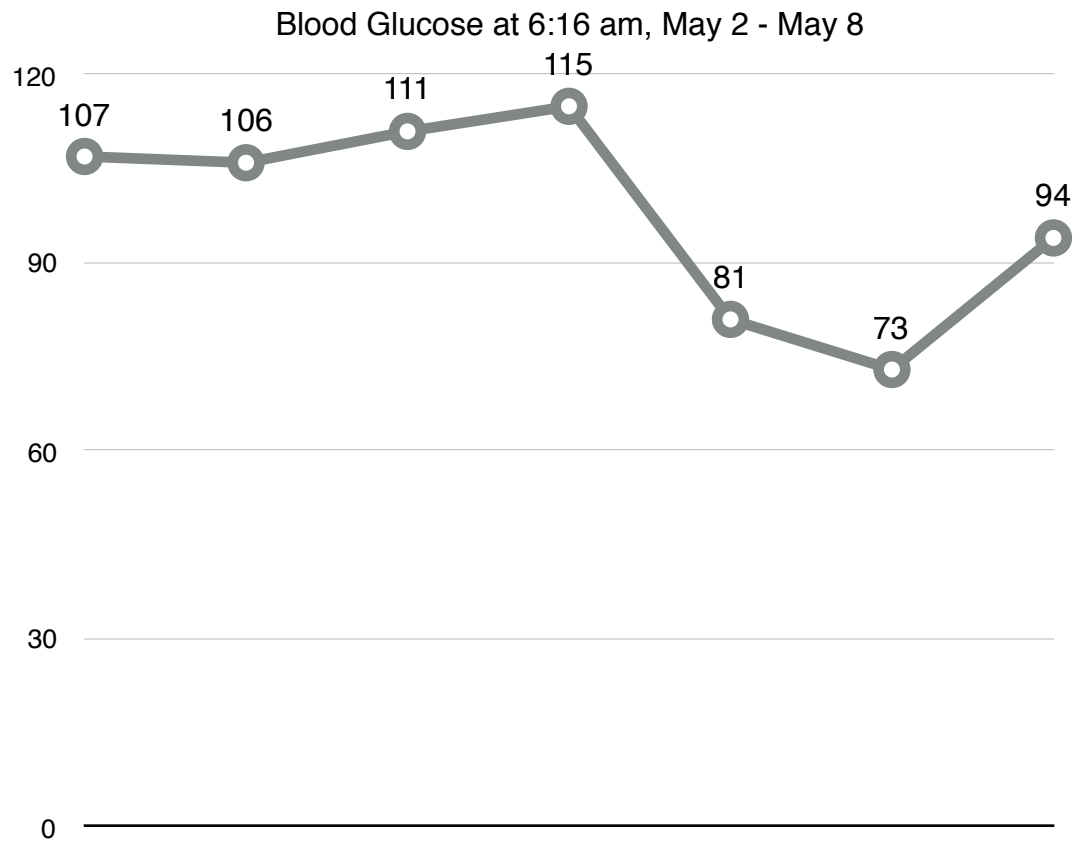
35405	2017/06/14 02:33	0	78
35406	2017/06/14 02:48	0	78
35407	2017/06/14 03:03	0	70
35408	2017/06/14 03:18	0	60
35409	2017/06/14 03:33	0	57
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35413	2017/06/14 04:33	0	64
35414	2017/06/14 04:48	0	73
35415	2017/06/14 05:03	0	72
35416	2017/06/14 05:18	0	73
35417	2017/06/14 05:33	0	74
35418	2017/06/14 05:48	0	73
35419	2017/06/14 06:03	0	72
35420	2017/06/14 06:18	0	71
35421	2017/06/14 06:33	0	68
35422	2017/06/14 06:48	0	65
35423	2017/06/14 07:03	0	68
35424	2017/06/14 07:18	0	80
35425	2017/06/14 07:33	0	91
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35431	2017/06/14 09:03	0	102
35432	2017/06/14 09:18	0	130



AVERAGE = 93

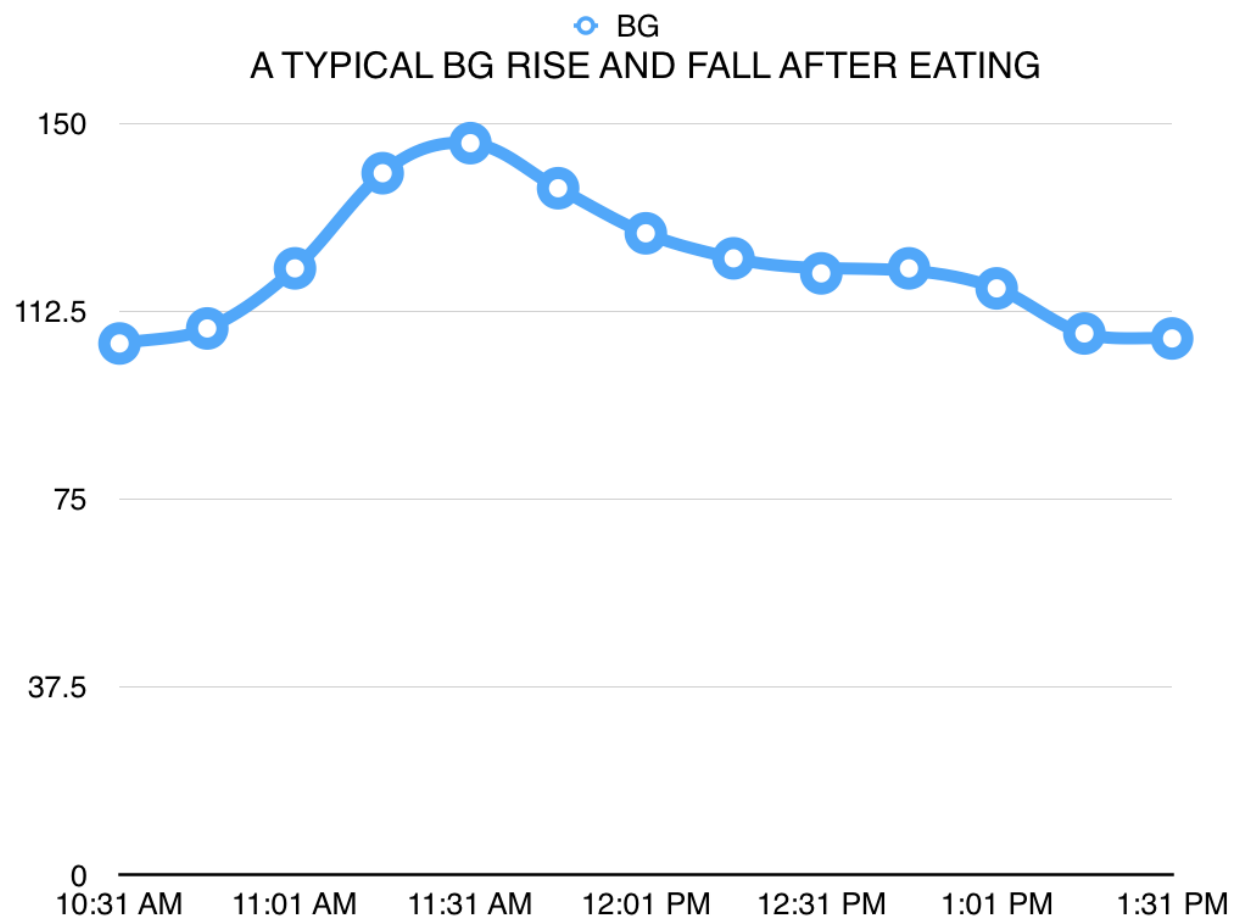


AVERAGE = 93



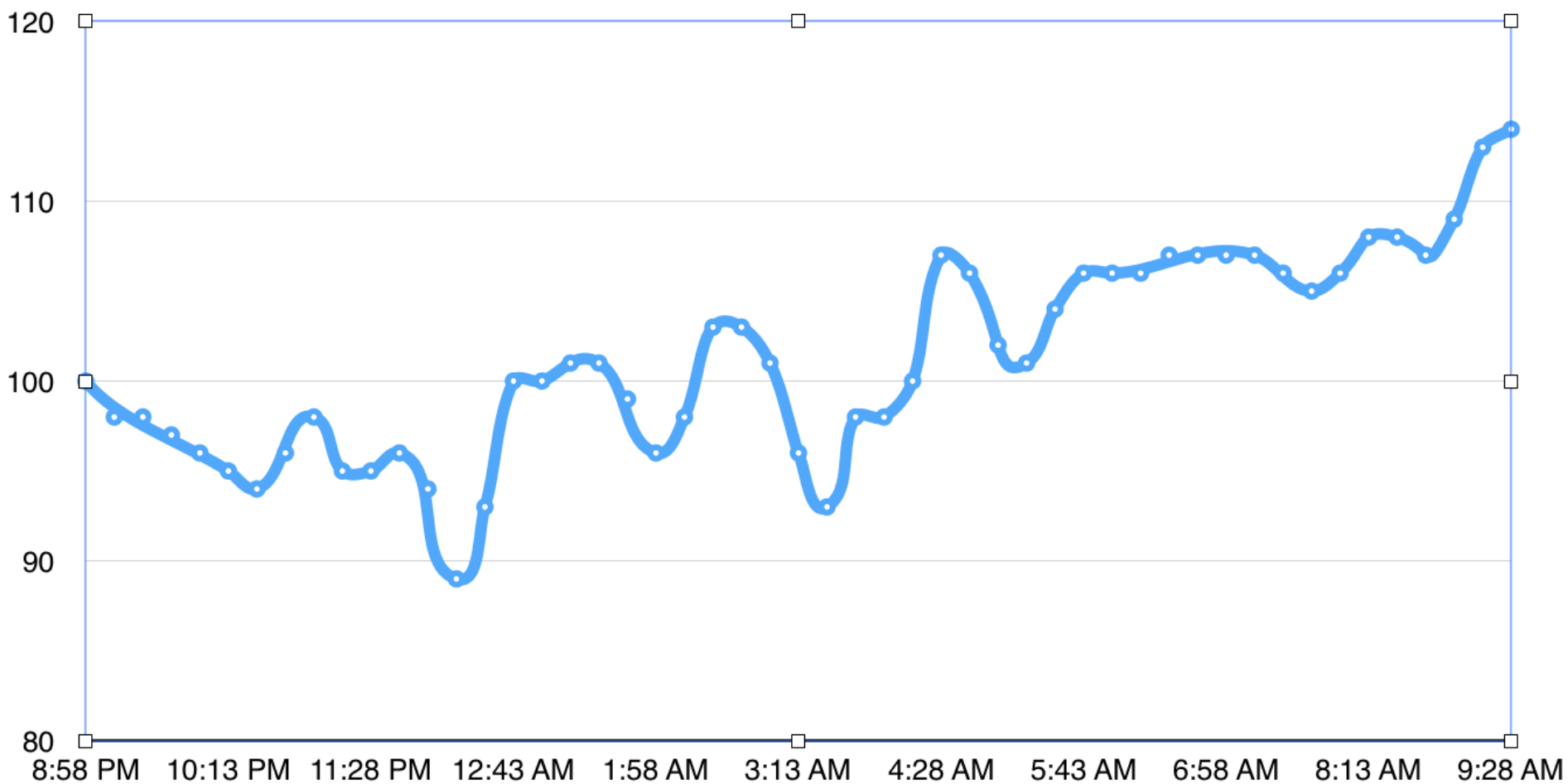
AVERAGE = 98

Time	BG
10:31 AM	106
10:46 AM	109
11:01 AM	121
11:16 AM	140
11:31 AM	146
11:46 AM	137
12:01 PM	128
12:16 PM	123
12:31 PM	120
12:46 PM	121
1:01 PM	117
1:16 PM	108
1:31 PM	107



TYPICAL NIGHT (THUR 5/18 - FRI, 5/19)

BG



peaks

ID	Time	Historic	Notes	How Did I know?
14160	Sunday, May 7, 2017 3:16 PM	181	Cookies on the road with the Italians	Email
14161	Sunday, May 7, 2017 3:31 PM	182	Cookies on the road with the Italians	Email
21272	Wednesday, May 17, 2017 12:58 AM	160	?	?
21273	Wednesday, May 17, 2017 1:13 AM	168	?	?
21274	Wednesday, May 17, 2017 1:28 AM	163	?	?
21332	Wednesday, May 17, 2017 3:58 PM	161	Rice Triangles with Inez&friends	WHIB
21333	Wednesday, May 17, 2017 4:13 PM	160	Rice Triangles with Inez&friends	WHIB
24434	Sunday, May 21, 2017 6:28 PM	166	Pasta dinner with the Italians	Photos (use this photo)
24435	Sunday, May 21, 2017 6:43 PM	168	Pasta dinner with the Italians	Photos
24513	Monday, May 22, 2017 2:13 PM	163	Lunch at Saul's w/SW, rugulach	calendar
24514	Monday, May 22, 2017 2:28 PM	168	Lunch at Saul's w/SW, rugulach	calendar
24515	Monday, May 22, 2017 2:43 PM	165	Lunch at Saul's w/SW, rugulach	calendar
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26500	Thursday, May 25, 2017 12:58 PM	170	Chicken Sandwich on Sourdough Bread	Calendar + WHIB
26501	Thursday, May 25, 2017 1:13 PM	175	Chicken Sandwich on Sourdough Bread	Calendar + WHIB
30062	Wednesday, May 31, 2017 10:52 PM	161	?	?
30063	Wednesday, May 31, 2017 11:07 PM	162	?	?
30064	Wednesday, May 31, 2017 11:22 PM	164	?	?
32482	Friday, June 9, 2017 10:37 AM	166	Big breakfast: eggs, sausage, fruit, tortilla chips	Photos
35470	Wednesday, June 14, 2017 6:48 PM	163	Beer, empty stomach - Coconut Rice and Fried Fish - jet lag	Memory
35471	Wednesday, June 14, 2017 7:03 PM	184	Beer, empty stomach - Coconut Rice and Fried Fish - jet lag	Memory
35472	Wednesday, June 14, 2017 7:18 PM	184	Beer, empty stomach - Coconut Rice and Fried Fish - jet lag	Memory
35473	Wednesday, June 14, 2017 7:33 PM	168	Beer, empty stomach - Coconut Rice and Fried Fish - jet lag	Memory
35476	Wednesday, June 14, 2017 8:18 PM	163	Beer, empty stomach - Coconut Rice and Fried Fish - jet lag	Memory
35477	Wednesday, June 14, 2017 8:33 PM	183	Beer, empty stomach - Coconut Rice and Fried Fish - jet lag	Memory
35478	Wednesday, June 14, 2017 8:48 PM	165	Beer, empty stomach - Coconut Rice and Fried Fish - jet lag	Memory

peaks = 24

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Fluxstream BodyTrack App

Secure https://fluxstream.org/app/bodytrack/5962/grapher

Apps QS Contractors THE PHILIPPINE ST... Quantified Self Dashboard < Quanti... Readsy Spritzlet Gmail - Inbox Southwest Airlines...

fluxstream Calendar App BodyTrack App Help Buddies Forum Connectors Gary Wolf

✓ Your FluxstreamCapture data was successfully imported. See [Manage Connectors](#) dialog for details. (4 minutes ago)

Grapher Views

Untitled View

New View Load View Save view Add Channels Export Data to CSV

UTC + 2 Mon May 22 2017, 03:43:00.000 168.0

Add Channels

Reset

FluxstreamCapture

photo

Freestyle

ID

Record_Type

Glucose

Notes

All

photo

All photo

Freestyle Glucose

12:00 00:00 Sunday 21 May 2017 12:00 00:00 Monday 22 May 2017 12:00 00:00 Tuesday 23 May 2017 12:00 00:00 Wednesday 24 May 2017 12:00 00:00 Thursday 25 May 2017 12:00

8 5 2 2 4 2 9

1 0.8 0.6 0.4 0.2 0

Fluxstream 1.1.4

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Anne Wright & Candide Kemmler

view ▼ Add Channels Export Data to CSV

UTC + 2

Sunday 21 May 2017 Monday 22 May 2017 Tuesday 23 May 2017



8



5



2



2



4

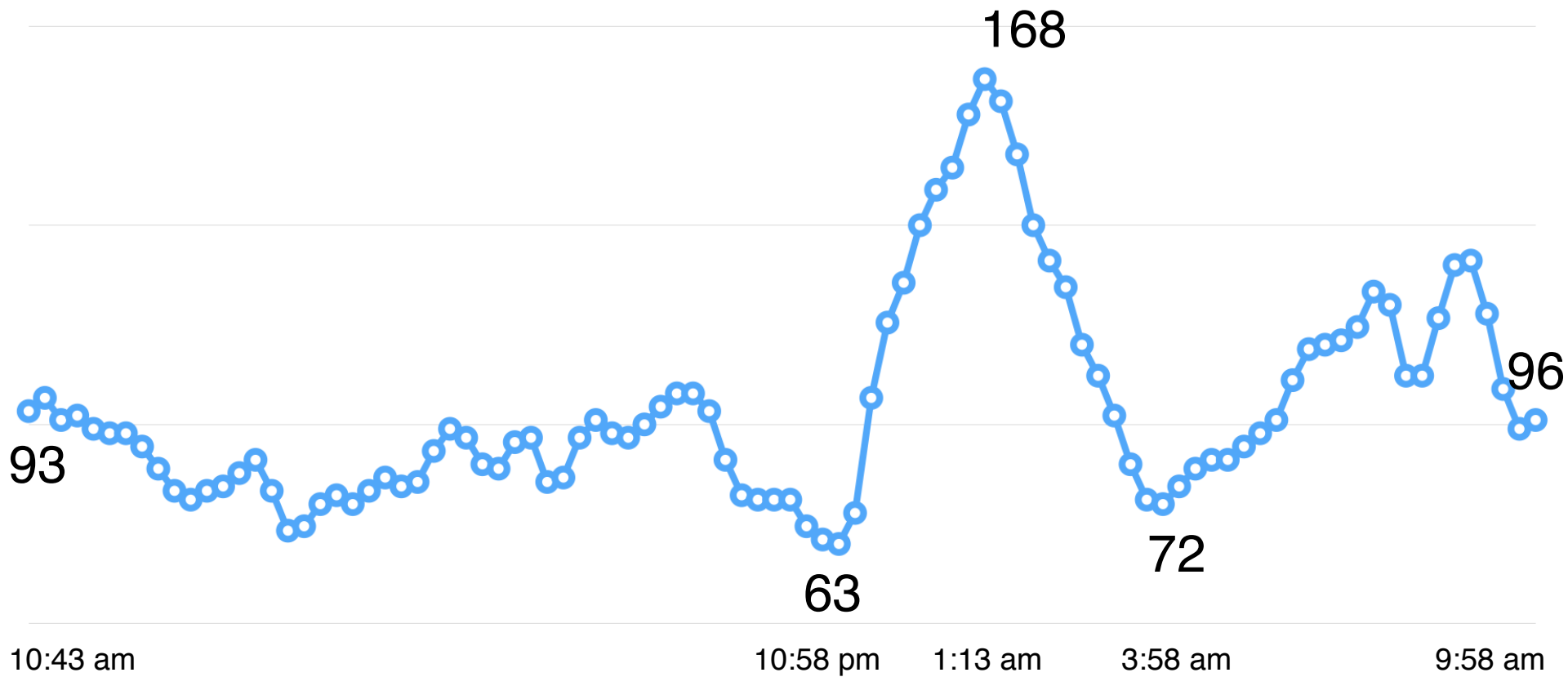


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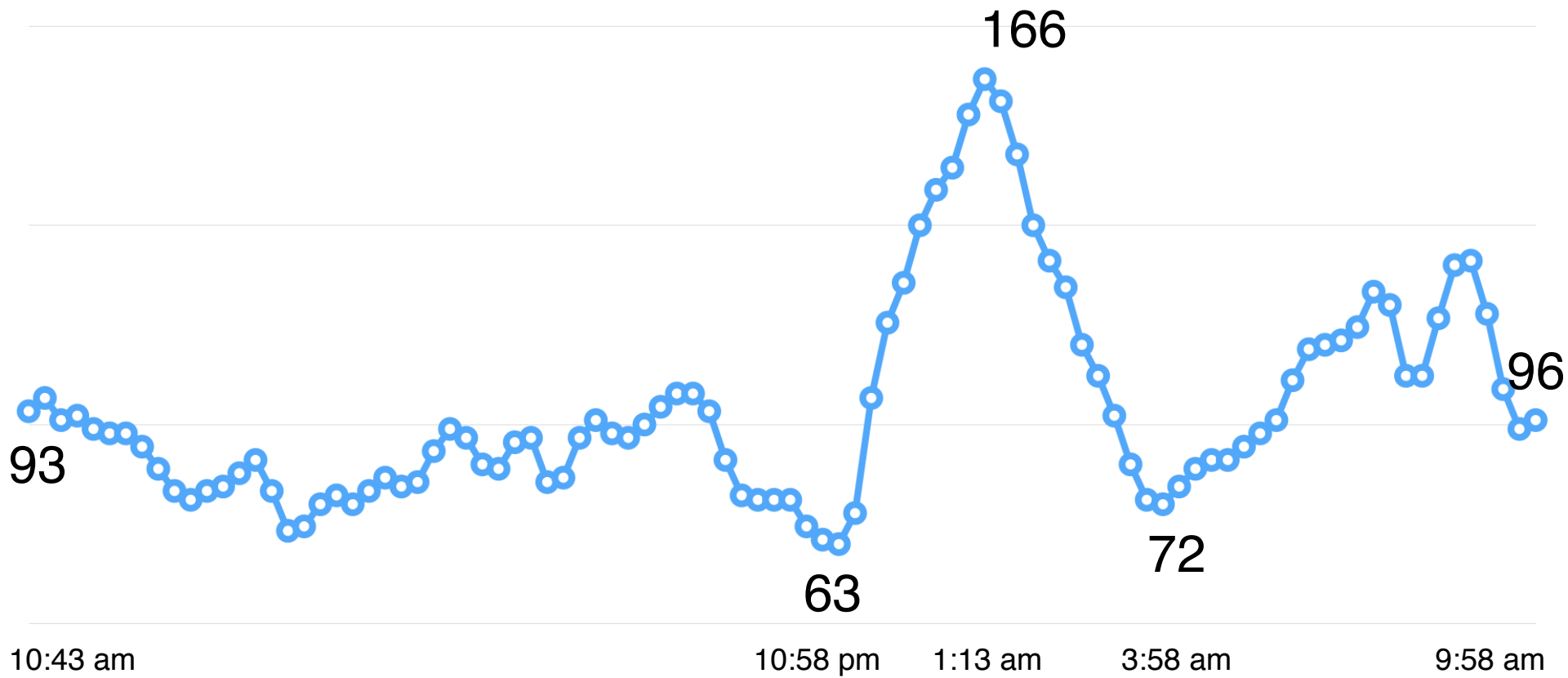


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night peaks = 4



May 16-17, 2017



- measurement error
- pre-diabetes signaled by variability rather than fasting glucose measurement
- something else? why at night?

thank you