







# tarsum<sup>™</sup>

## shampoo/gel

■ **Controls itching, flaking and redness** associated with psoriasis, seborrheic dermatitis and severe dandruff.

■ **More than a shampoo - it's a scalp treatment!** Use as a shampoo, or use applicator tip to pretreat affected areas of the scalp **BEFORE** bathing! Allows full strength treatment for up to an hour. When ready, simply add water, lather and rinse. No more waiting in the shower for your medicated shampoo to work!

■ **Recommended by leading dermatologists because it works!**

Distributed by  
Summers Laboratories, Inc.  
Collegeville, PA 19426  
1-800-533-SKIN  
[www.sumlab.com](http://www.sumlab.com)



8 oz. (236ml)



Edit form - [ Sym Tracker ] - Google Forms

https://docs.google.com/spreadsheet/gform?key=0Ak6iewS9sltqdDNjTy0wcklwd3hSZ2RITkpkTTFjR1E...

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Sym Tracker

You can include any text or info that will help people fill this out.

Symptoms

☐ Burning

☐ Inflamed

☐ Other:

How bad?

1234567

Healthy ☐ ☐ ☐ ☐ ☐ ☐ ☐ The worse

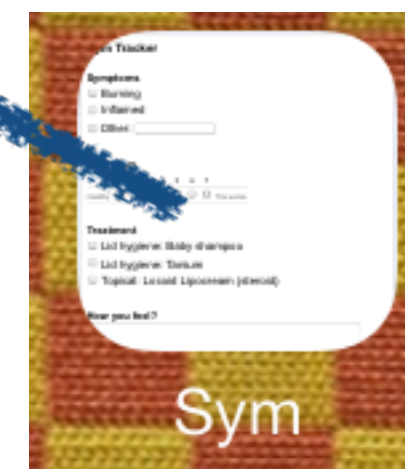
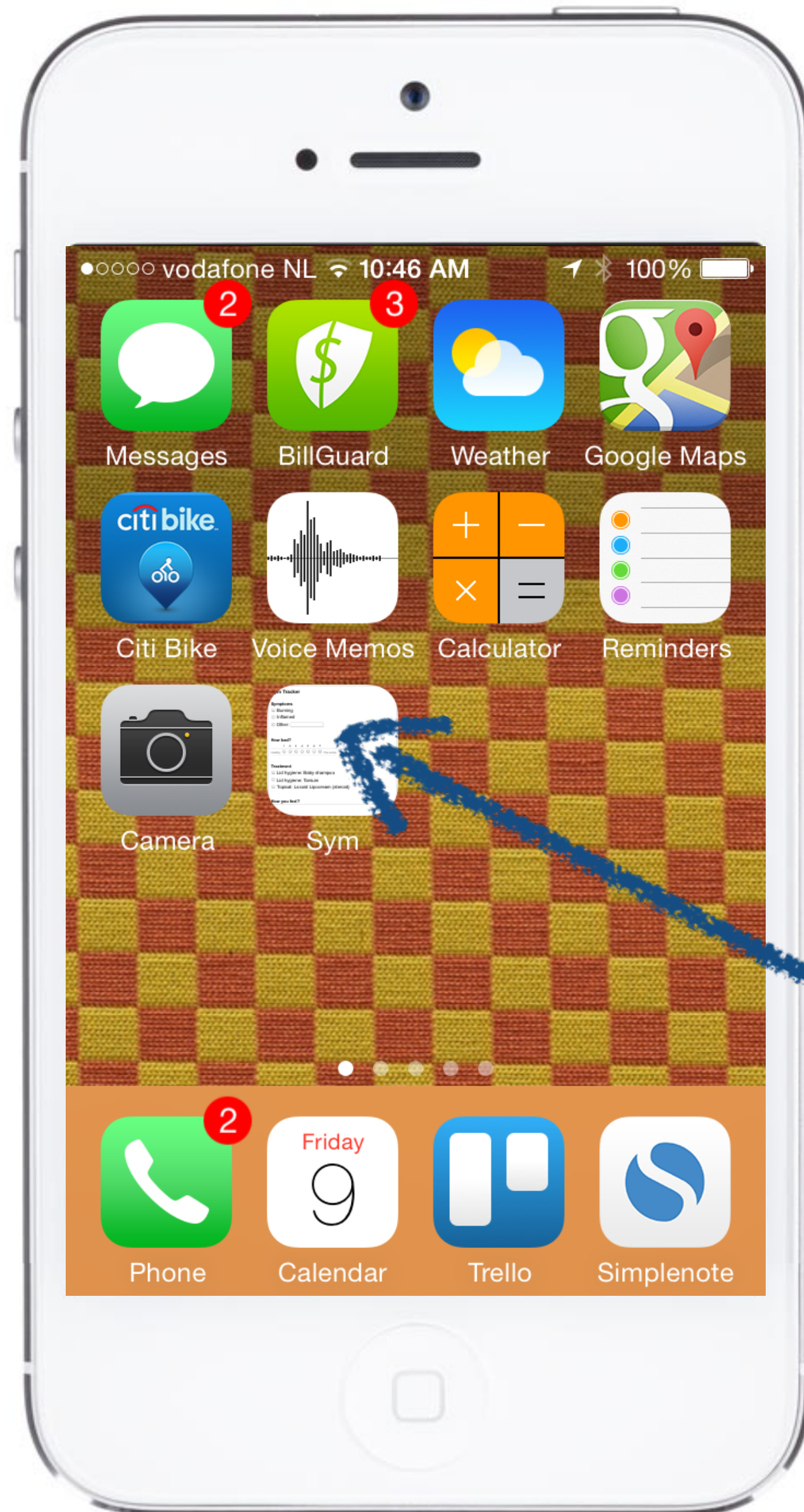
Treatment

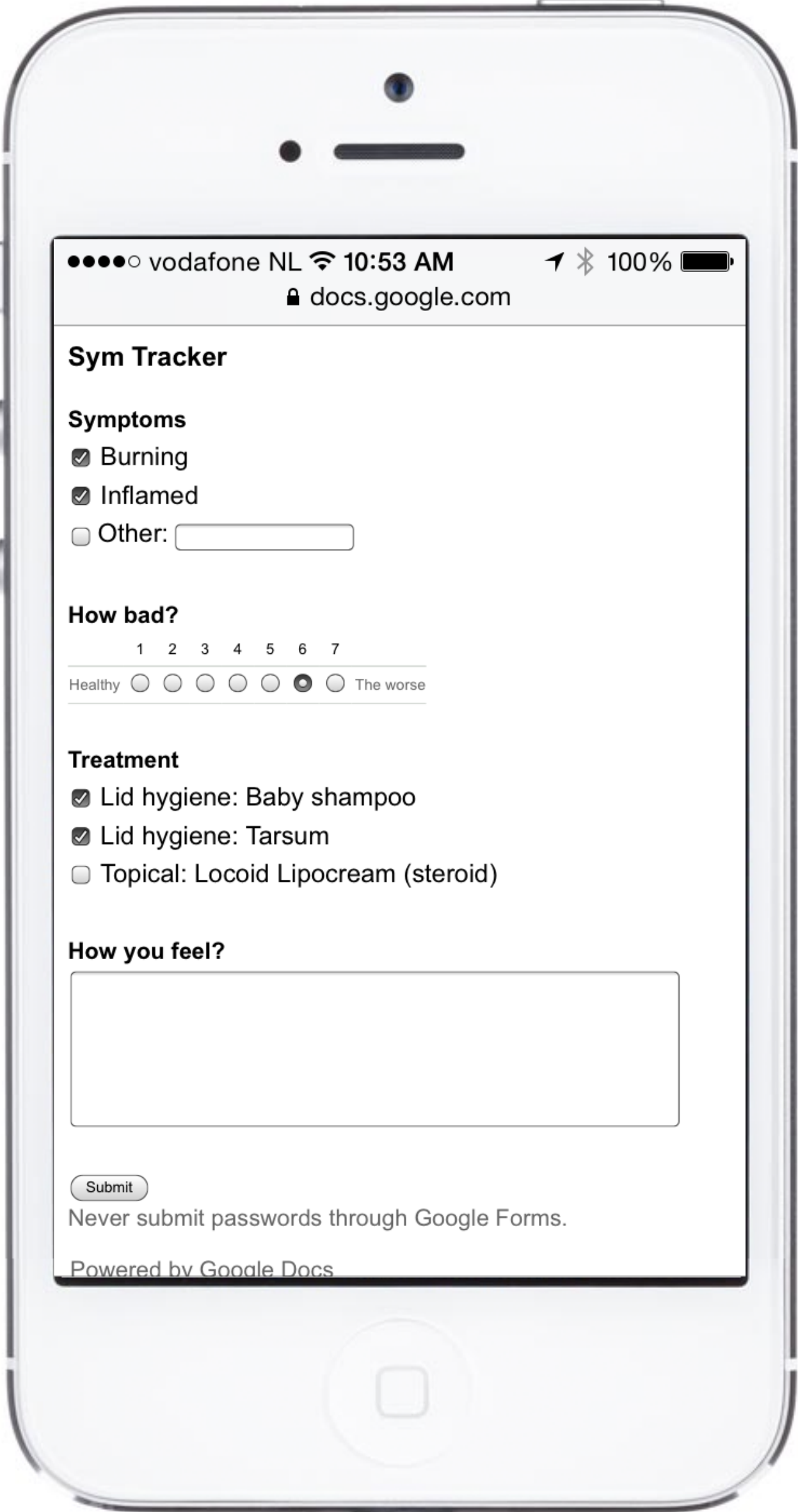
☐ Lid hygiene: Baby shampoo

☐ Lid hygiene: Tarsum

☐ Topical: Locoid Lipocream (steroid)

You can view the published form here: <https://docs.google.com/spreadsheet/viewform?formkey=dDNjTy0wcklwd3hSZ2RITkpkTTFjR1E6MA>





●●●●○ vodafone NL 10:53 AM 100%  
docs.google.com

**Sym Tracker**

**Symptoms**

- ☒ Burning  
☒ Inflamed  
☐ Other:

**How bad?**

1 2 3 4 5 6 7  
Healthy ☐ ☐ ☐ ☐ ☐ ☒ ☐ The worse

**Treatment**

- ☒ Lid hygiene: Baby shampoo  
☒ Lid hygiene: Tarsum  
☐ Topical: Locoid Lipocream (steroid)

**How you feel?**

Submit

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### Sym Tracker

**Symptoms**

☒ Burning

☒ Inflamed

☐ Other:

**How bad?**

1 2 3 4 5 6 7

Healthy ☐ ☐ ☐ ☐ ☒ ☐ The worse

**Treatment**

☒ Lid hygiene: Baby shampoo

☒ Lid hygiene: Tarsum

☐ Topical: Locoid Lipocream (steroid)

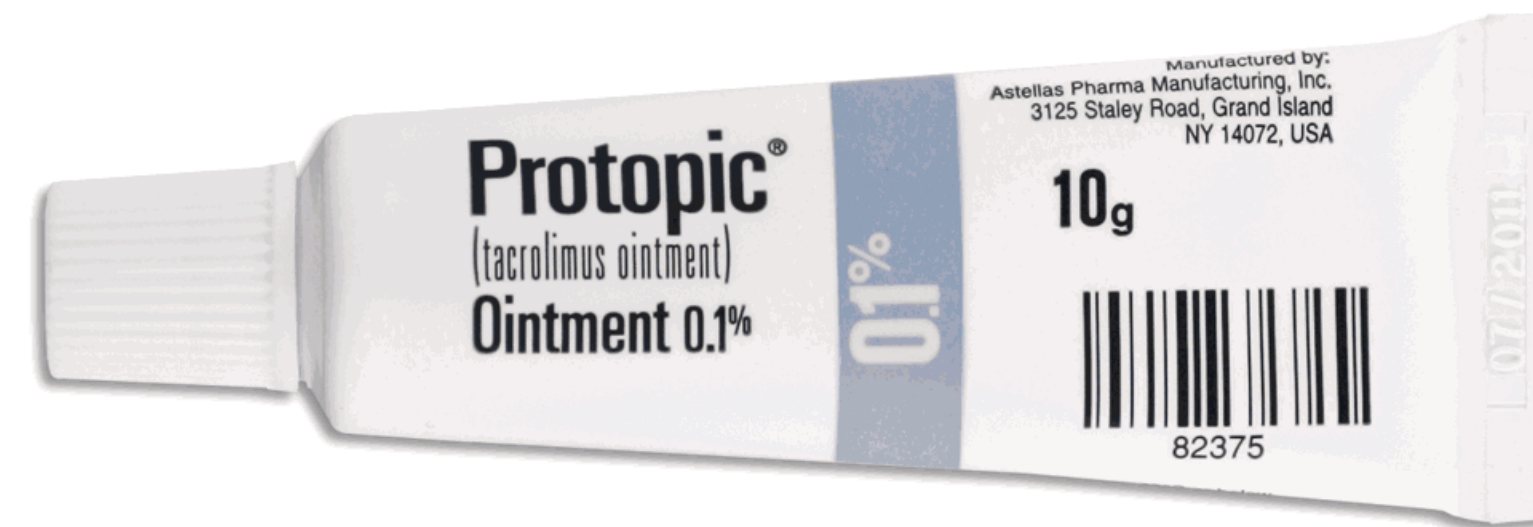
**How you feel?**

Never submit passwords through Google Forms.

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| Timestamp          | Symptoms                         | How bad? | Treatment                                                         | How you feel?                                                                                                                                                                                               |
|--------------------|----------------------------------|----------|-------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 8/28/2011 7:49:11  | Burning, Inflamed - pink         |          | Lid hygiene: Tarsum, Lotion: Promiseb 4 (non-steroid, 3x per day) |                                                                                                                                                                                                             |
| 8/28/2011 16:27:00 | Burning, Itching                 | 4        |                                                                   | Post-run in Central Park. Post-Irene. Washed face with cold water in shower. Avoiding hot water on the face from now on. Right eyelid itchy                                                                 |
| 8/28/2011 17:58:56 | Burning, Itching                 | 5        | Lotion: Promiseb (non-steroid, 3x per day)                        |                                                                                                                                                                                                             |
| 8/29/2011 9:04:57  | Flaking                          | 3        | Lid hygiene: Tarsum, Lotion: Promiseb (non-steroid, 3x per day)   | Woke up with light crusting on the corners of the eyelid and on the eyelid. Not terrible but I don't like seeing like these. Eyelids still red and inflamed. Took some pictures and they are dated 8:30 am. |
| 8/29/2011 16:19:41 | Burning, Itching                 | 5        | Lotion: Promiseb (non-steroid, 3x per day)                        | Why is it coming back again? The right eye is especially itchy, burning.                                                                                                                                    |
| 8/29/2011 17:40:10 | Burning, Inflamed - red, Itching | 5        | Lid hygiene: Baby shampoo                                         | Thinking all the inflammation is bacteria on the eye. Lid hygiene with baby shampoo to dry those suckers out                                                                                                |





**MAXIMUM STRENGTH** NDC 0501-3704-05  
**NEOSPORIN<sup>®</sup> + PAIN RELIEF**  
Polymyxin B Sulfate - Bacitracin Zinc  
Neomycin Sulfate - Pramoxine Hydrochloride  
**FIRST AID ANTIBIOTIC/PAIN RELIEVING OINTMENT**  
NET WT 1/2 OZ (14.2 g)  
**INDICATIONS:** First aid to help prevent infection and provide temporary relief of pain or discomfort in minor cuts, scrapes, and burns. **DIRECTIONS:** Adults and children 2 years of age and older: Clean the affected area. Apply a small amount of this product (an amount equal to the surface area of the tip of a finger) on the area 1 to 3 times daily. For children under 2 years of age: Consult a doctor. © 2011 Wm. S. Johnson & Co., Inc. All rights reserved.

## Sym Tracker

### Symptoms

- ☐ Burning
- ☐ Flaking
- ☐ Inflamed - red
- ☐ Inflamed - pink
- ☐ Itching
- ☐ Other:

### How bad?

1 2 3 4 5 6 7

---

Healthy ☐ ☐ ☐ ☐ ☐ ☐ ☐ The worse

---

### Treatment

acting (actuator)

- ☐ Lid hygiene: Baby shampoo
- ☐ Lid hygiene: Tarsum
- ☐ Topical: Locoid Lipocream (steroid)
- ☐ Topical: Protopic (steroid)
- ☐ Topical: Neosporin
- ☐ Warm compress (3-4 minutes)



### Sym Tracker

**Symptoms**

☐ Burning

☐ Flaking

☐ Inflamed - red

☐ Inflamed - pink

☐ Itching

☐ Other:

**How bad?**

1 2 3 4 5 6 7

Healthy ☐ ☐ ☐ ☐ ☐ ☐ ☐ The worse

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|                    |                                  |  |   |                                                                       |                                                                                                                                                    |
|--------------------|----------------------------------|--|---|-----------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| 8/29/2011 9:04:57  | Flaking                          |  | 3 | Lid hygiene: Tarsum, Lotion: Promiseb (non-steroid, 3x per day)       | and on the eyelid. Not terrible but I don't like seeing like these. Eyelids still red and inflamed. Took some pictures and they are dated 8:30 am. |
| 8/29/2011 16:19:41 | Burning, Itching                 |  | 5 | Lotion: Promiseb (non-steroid, 3x per day)                            | Why is it coming back again? The right eye is especially itchy, burning.                                                                           |
| 8/29/2011 17:40:10 | Burning, Inflamed - red, Itching |  | 5 | Lid hygiene: Baby shampoo                                             | Thinking all the inflammation is bacteria on the eye. Lid hygiene with baby shampoo to dry these suckers out.                                      |
| 8/29/2011 19:06:25 | Burning, Inflamed - red          |  | 5 | Topical: Cloderm (steroid)                                            | Trying to calm down the inflammation. Went for a steroid. Backs of knees starting to flare up again. What the fuck is the connection?              |
| 8/29/2011 22:25:09 | Itching                          |  | 5 | Lotion: Promiseb (non-steroid, 3x per day)                            | Before bed. Decide to use Promiseb. Go easy on the steroids                                                                                        |
| 8/30/2011 8:20:22  | Flaking                          |  | 3 |                                                                       | Upon waking. Crusting under eye. Very light crusting on eye lid.                                                                                   |
| 8/30/2011 11:35:35 | Flaking                          |  | 2 | Lid hygiene: Baby shampoo, Lotion: Promiseb (non-steroid, 3x per day) | Couldnt recall if I tracked my post-shower event.                                                                                                  |



**Cloderm**<sup>®</sup>  
(clocortolone pivalate)

Rx Only  
For External Use Only  
Net Wt 45 g

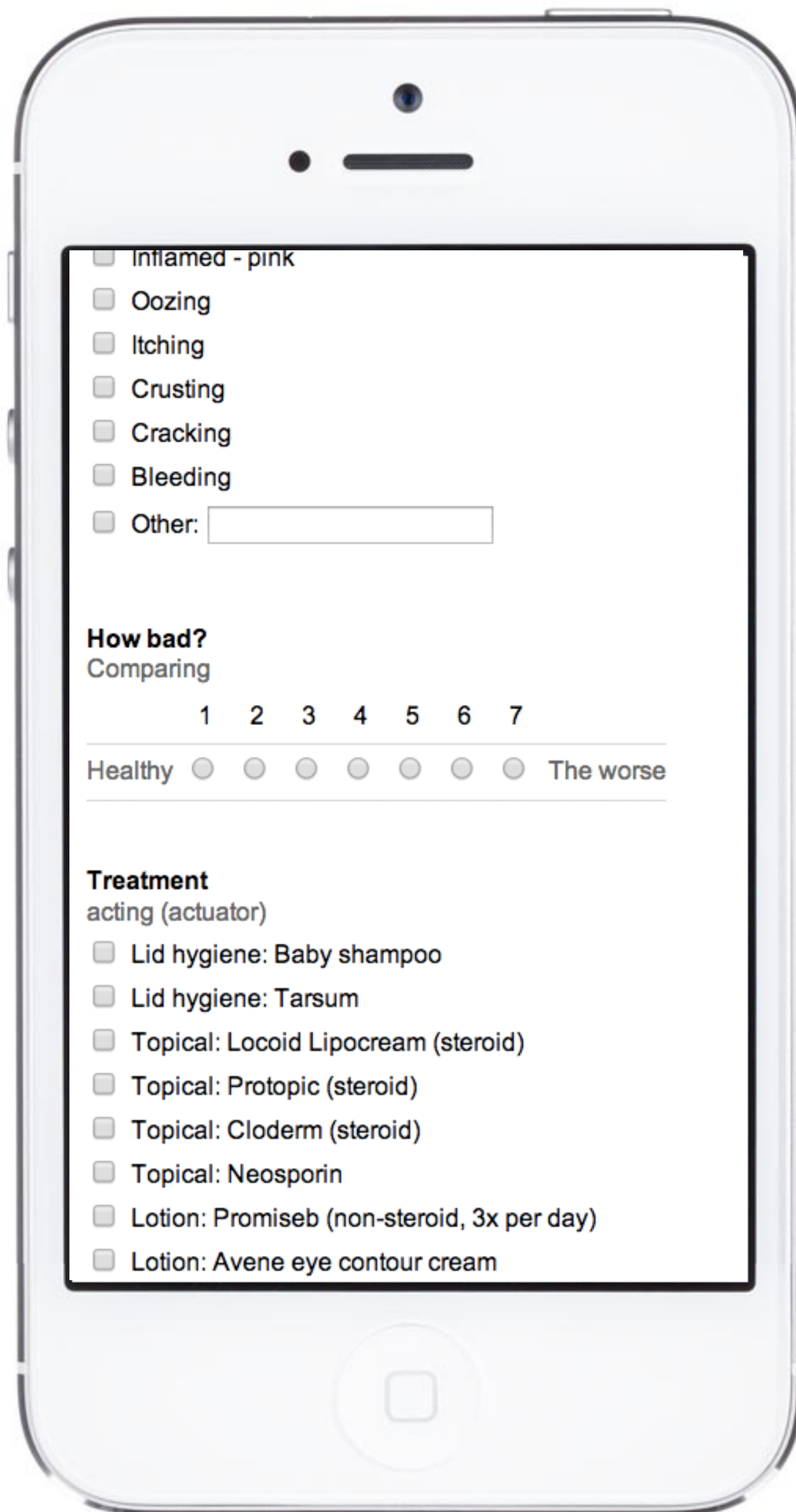
NDC 0064-3100-45

**Cream, 0.1%**

**HEALTHPOINT**<sup>®</sup>







☐ Inflamed - pink

☐ Oozing

☐ Itching

☐ Crusting

☐ Cracking

☐ Bleeding

☐ Other:

**How bad?**  
Comparing

1 2 3 4 5 6 7

Healthy ☐ ☐ ☐ ☐ ☐ ☐ ☐ The worse

**Treatment**  
acting (actuator)

☐ Lid hygiene: Baby shampoo

☐ Lid hygiene: Tarsum

☐ Topical: Locoid Lipocream (steroid)

☐ Topical: Protopic (steroid)

☐ Topical: Cloderm (steroid)

☐ Topical: Neosporin

☐ Lotion: Promiseb (non-steroid, 3x per day)

☐ Lotion: Avene eye contour cream



☐ Inflamed - pink  
☐ Oozing  
☐ Itching  
☐ Crusting  
☐ Cracking  
☐ Bleeding  
☐ Other:

**How bad?**  
Comparing

1 2 3 4 5 6 7

Healthy ☐ ☐ ☐ ☐ ☐ ☐ ☐ The worse

**Treatment**  
acting (actuator)

☐ Lid hygiene: Baby shampoo  
☐ Lid hygiene: Tarsum  
☐ Topical: Locoid Lipocream (steroid)  
☐ Topical: Protopic (steroid)  
☐ Topical: Cloderm (steroid)  
☐ Topical: Neosporin  
☐ Lotion: Promiseb (non-steroid, 3x per day)  
☐ Lotion: Avene eye contour cream



|                    |                         |   |                                                                          |                                                                                                                                                                                                                                            |
|--------------------|-------------------------|---|--------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 8/30/2011 11:35:35 | Flaking                 | 2 | Lid hygiene: Baby shampoo, Lotion:<br>Promiseb (non-steroid, 3x per day) | Couldnt recall if I tracked my post-shower event.                                                                                                                                                                                          |
| 8/31/2011 6:38:55  | Flaking                 | 2 |                                                                          | Awake. Crusty on the eyelid top closer to the inner corners of eye. Rest of top eyelid has cleared up.                                                                                                                                     |
| 8/31/2011 8:48:14  | Flaking                 | 2 | Lid hygiene: Baby shampoo, Lotion:<br>Promiseb (non-steroid, 3x per day) | shower. Feel like I've gotten past the worst of the flare-up. I think I need to stick to 2x daily lid hygiene. Esp. the nighttime wash.                                                                                                    |
| 8/31/2011 16:17:47 | Burning, Itching        | 3 | Lid hygiene: Baby shampoo, Lotion:<br>Promiseb (non-steroid, 3x per day) | Feeling a little itchy. Post-Athm call. not sure if those calls make me nervous. Size of this project does. I just need to remember I'm not responsible for the whole thing.                                                               |
| 8/31/2011 20:02:19 | Burning, Inflamed - red | 4 | Topical: Cloderm (steroid)                                               | Acting up after riding subway down to NYU ITP for welcome party. During party got call from Dr. Roth that cultures came back + for staph. Antibiotics start tomorrow. He claims that will put the silver stake into the heart of the shit. |







☐ Other:

**How bad?**

Comparing

|         | 1                     | 2                     | 3                     | 4                     | 5                     | 6                     | 7                     |           |
|---------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------|
| Healthy | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | The worse |

**Treatment**

acting (actuator)

- ☐ Lid hygiene: Baby shampoo
- ☐ Lid hygiene: Tarsum
- ☐ Topical: Locoid Lipocream (steroid)
- ☐ Topical: Protopic (steroid)
- ☐ Topical: Cloderm (steroid)
- ☐ Topical: Neosporin
- ☐ Lotion: Promiseb (non-steroid, 3x per day)
- ☐ Lotion: Avene eye contour cream
- ☐ Eye: FML (steroid)
- ☐ Cephalexin (antibiotic)
- ☐ Warm compress (3-4 minutes)
- ☐ Aquaphor (ointment)
- ☐ Bacitracin
- ☐ Benadryl





|                    |                         |  |   |                                                                        |                                                                                                                                                                                                                                            |
|--------------------|-------------------------|--|---|------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 8/31/2011 16:17:47 | Burning, Itching        |  | 3 | Lid hygiene: Baby shampoo, Lotion: Promiseb (non-steroid, 3x per day)  | calls make me nervous. Size of this project does. I just need to remember I'm not responsible for the whole thing.                                                                                                                         |
| 8/31/2011 20:02:19 | Burning, Inflamed - red |  | 4 | Topical: Cloderm (steroid)                                             | Acting up after riding subway down to NYU ITP for welcome party. During party got call from Dr. Roth that cultures came back + for staph. Antibiotics start tomorrow. He claims that will put the silver stake into the heart of the shit. |
| 9/1/2011 9:27:44   | Inflamed - red          |  | 3 | Lid hygiene: Baby shampoo                                              | Started 10 day treatment of Cephalexin to treat staph. Need to go buy probiotic.                                                                                                                                                           |
| 9/1/2011 10:45:56  | Burning, Inflamed - red |  | 3 | Lotion: Promiseb (non-steroid, 3x per day)                             |                                                                                                                                                                                                                                            |
| 9/2/2011 7:17:21   | Inflamed - red, Itching |  | 2 | Lid hygiene: Baby shampoo, Topical: Neosporin, Cephalexin (antibiotic) | No crusting or flaking this morning! Wow! Just a little bit of itching sensation.                                                                                                                                                          |
| 9/4/2011 14:57:58  | Burning, Itching        |  | 3 | Lotion: Promiseb (non-steroid, 3x per day)                             | Eyelid burn. Face Sym showing up. Heading to the lake. Promiseb burns a lot when applied to eyelid                                                                                                                                         |







# Washing My Eyelids

Steve Dean

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