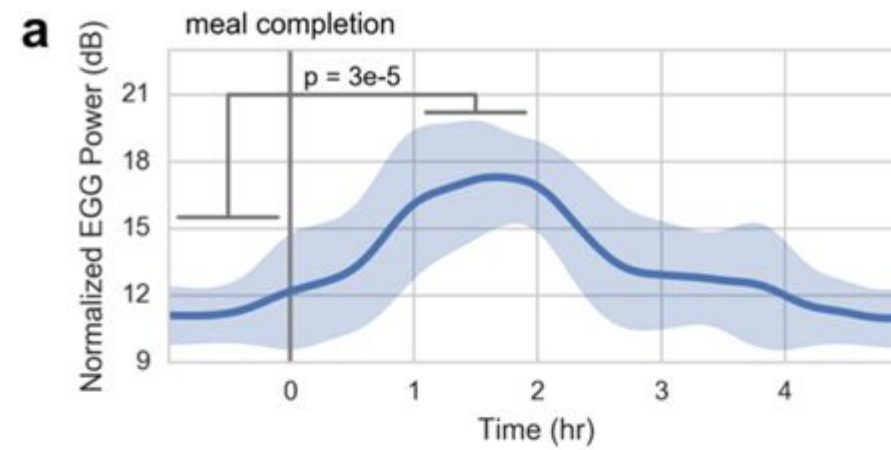
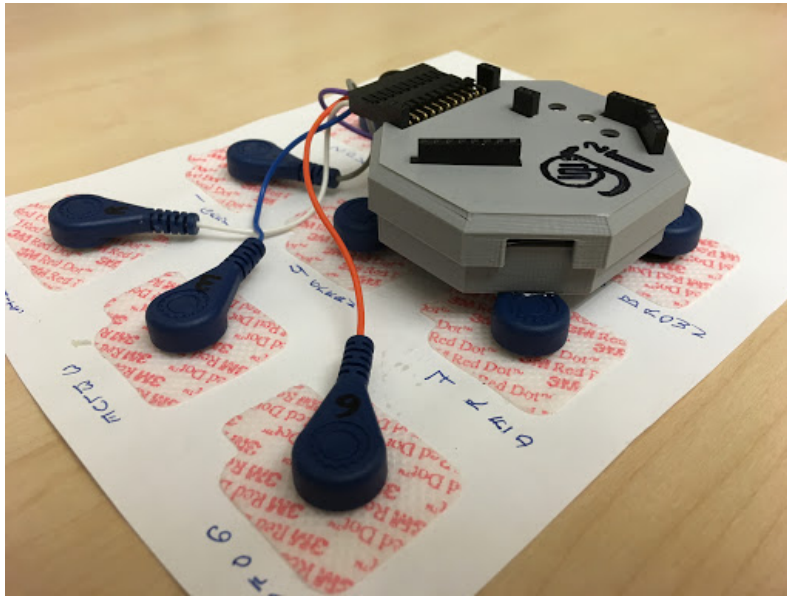


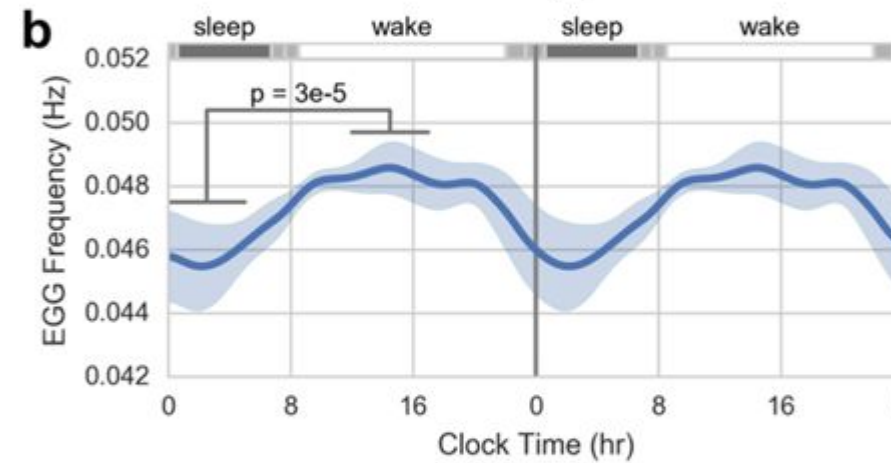
Does my stomach
anticipate my meals?



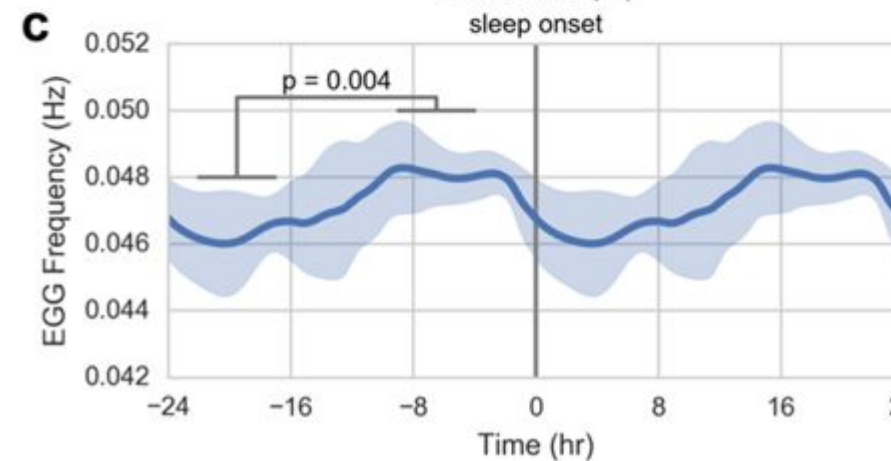
Continuous electrogastrogram rig



Meals

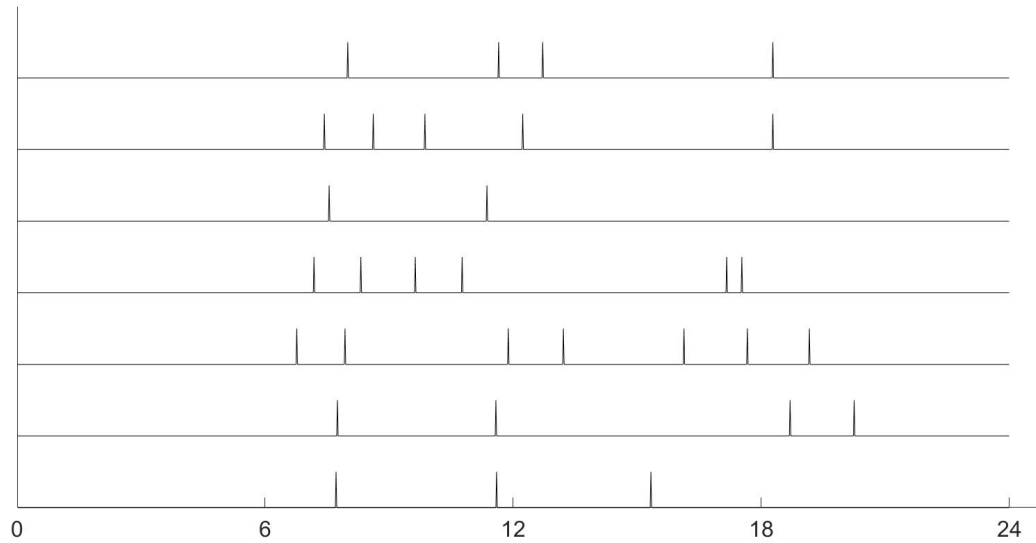


Daily rhythms



Sleep contributions

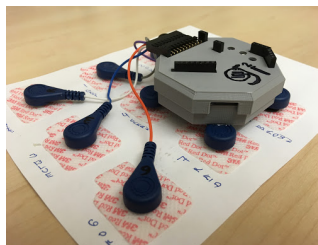
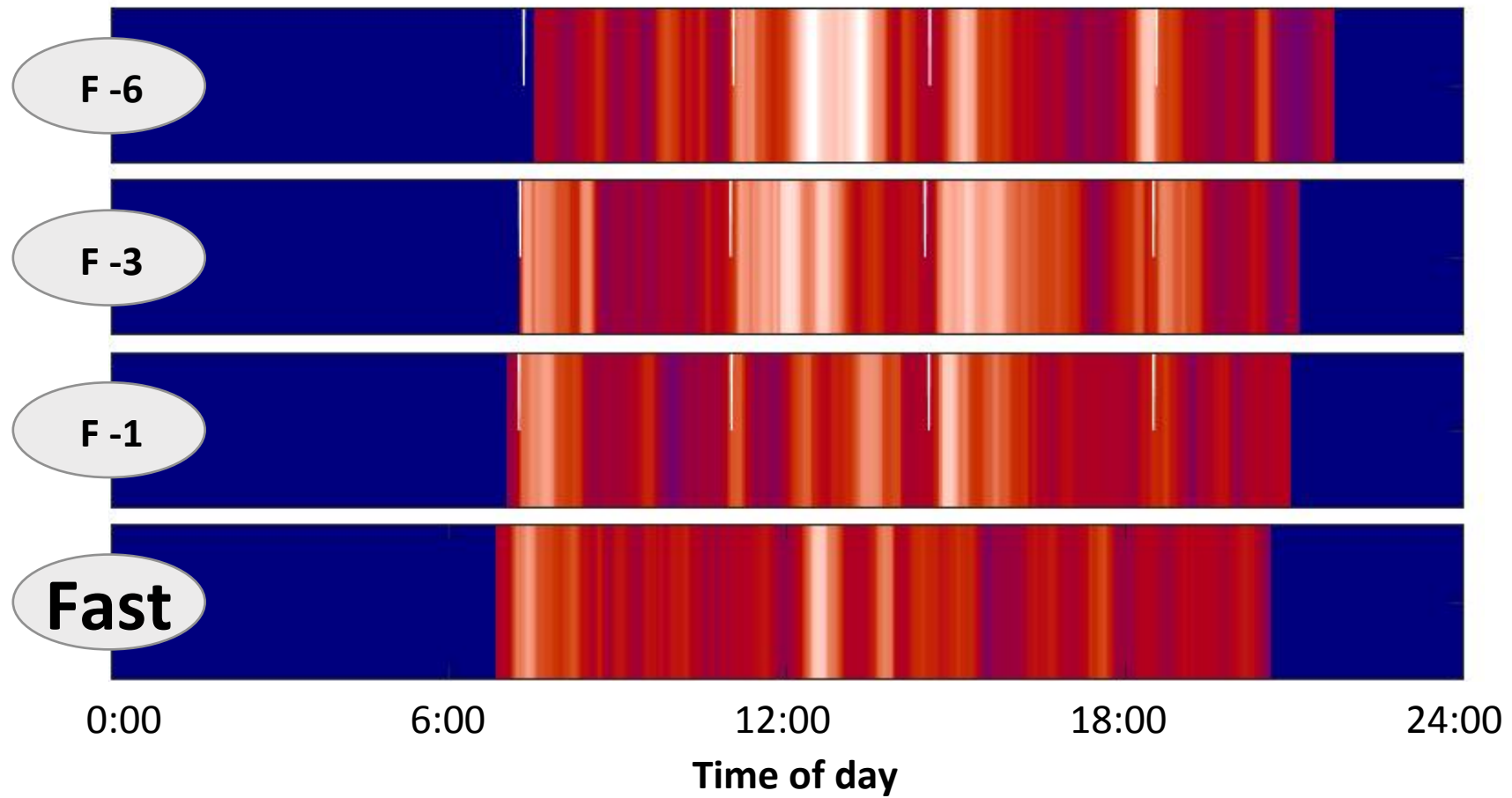
Normal week



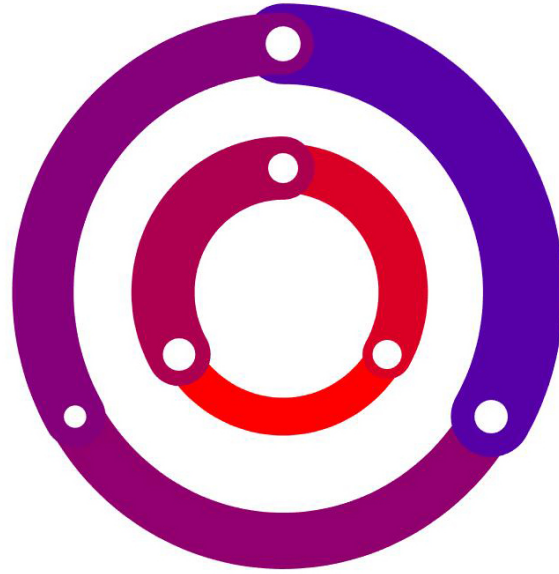
Can regular meal-times
set a biological clock?



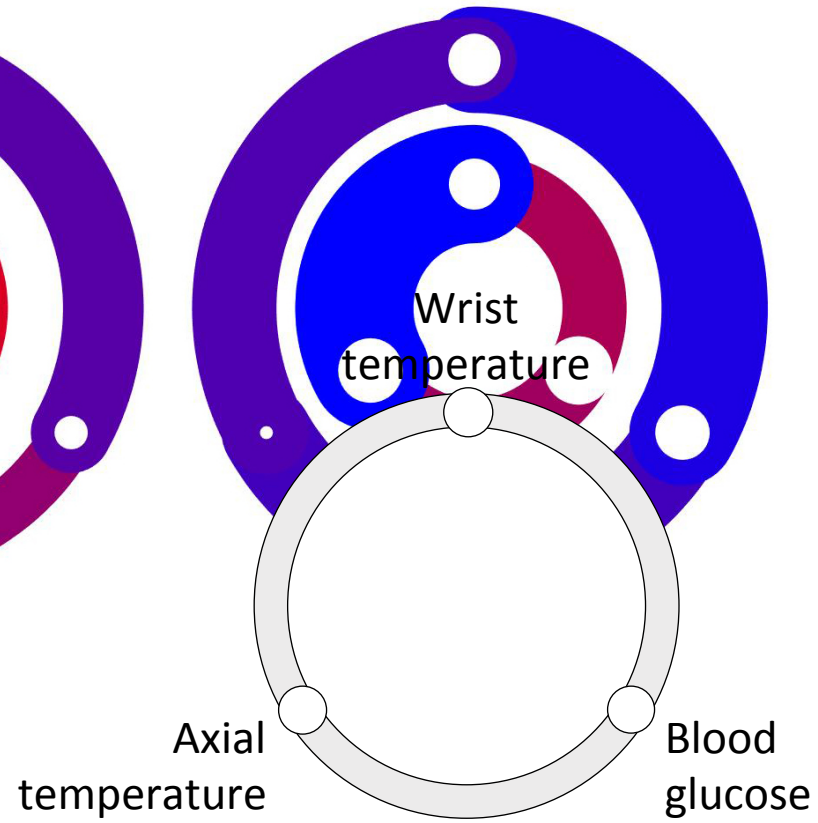
LOW to **HIGH** stomach activity across days



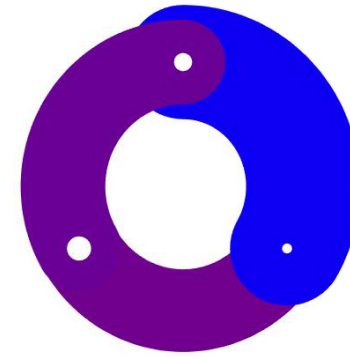
Normal week



Scheduled week



Fast

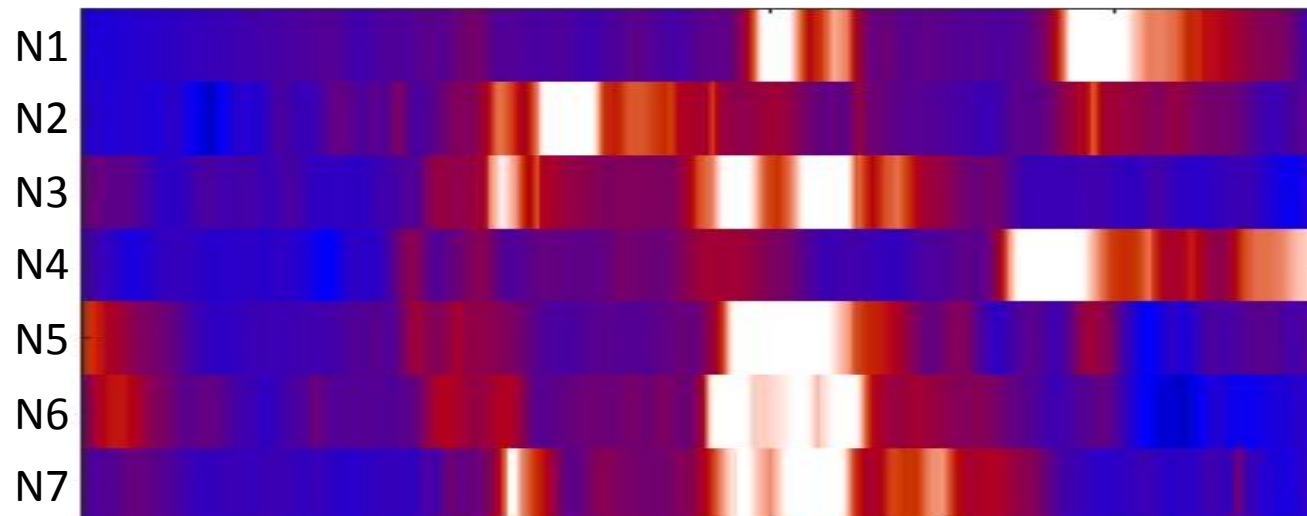


WEAK to **STRONG**
coherence of
oscillators

SmarrBio@gmail.com

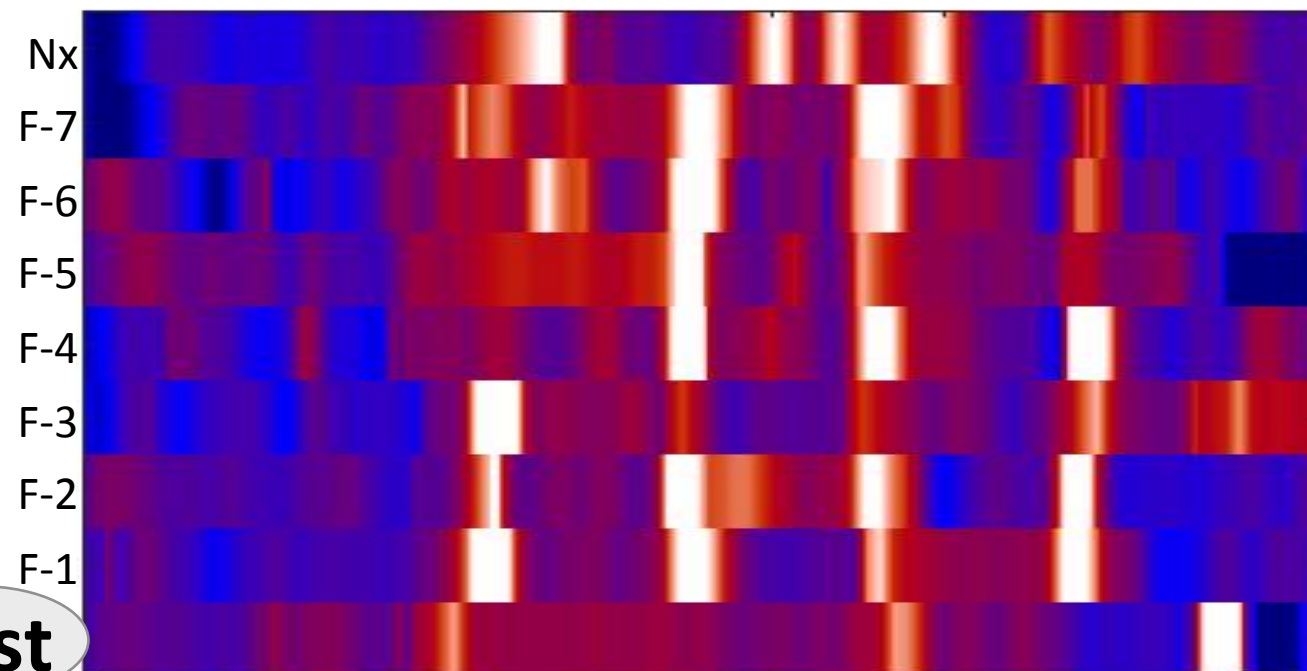


Normal week



LOW to **HIGH**
blood glucose
across days

Scheduled week



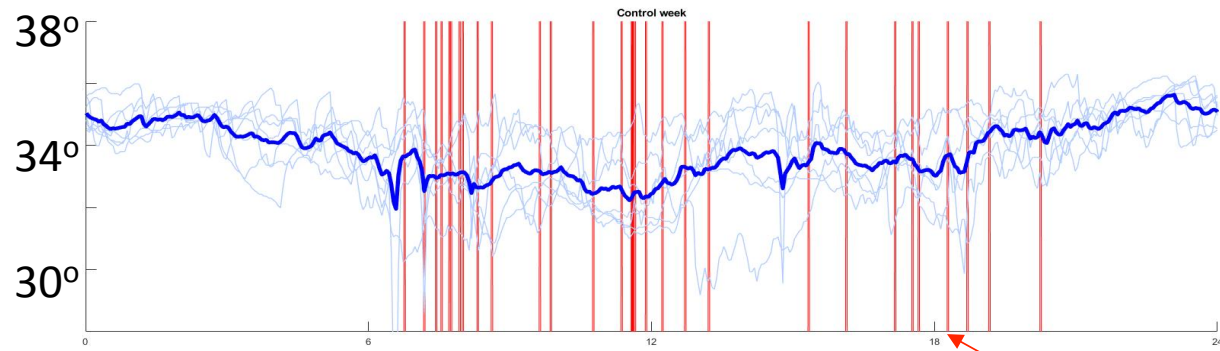
Fast

0:00 6:00 12:00 18:00 24:00

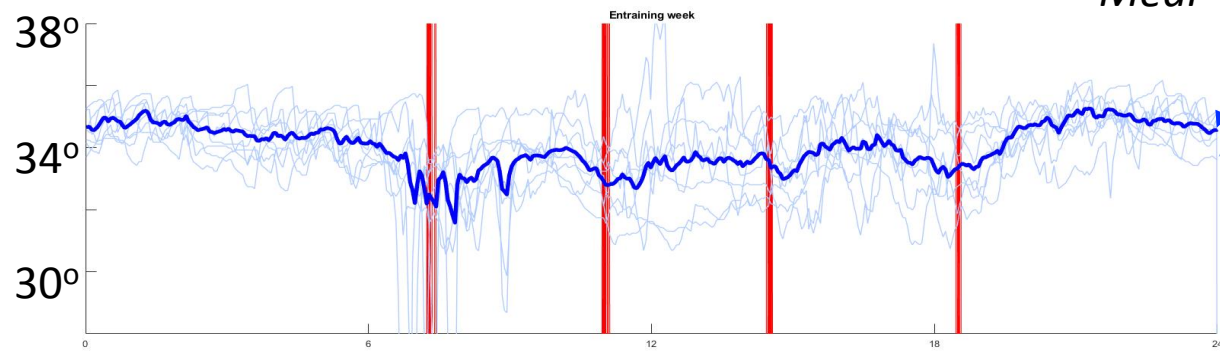
Time of day



Wrist temperature



Normal week

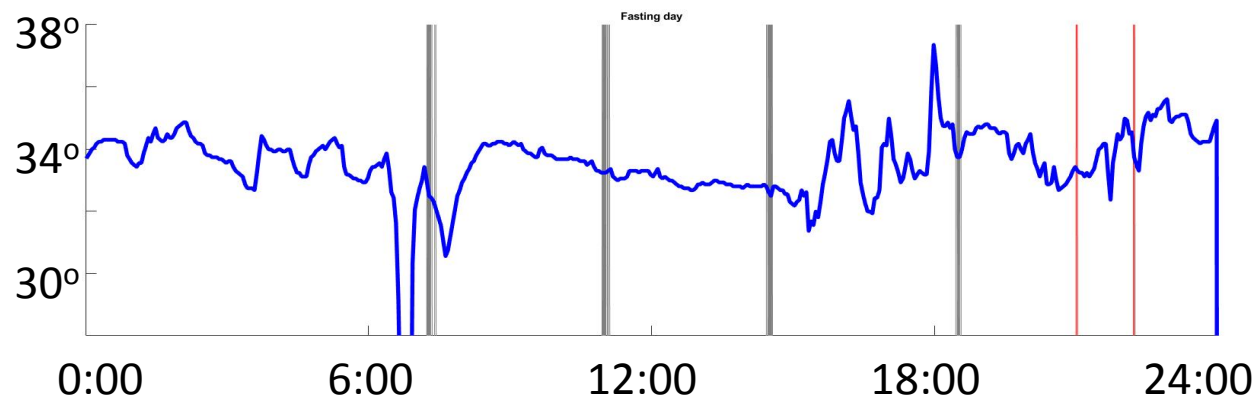


Average

Meal

Single day

Scheduled week



Fast

Time of day

