

#100DAYSOFFQS: MAKING DATA ART FOR 100 DAYS

100 DAYS IS A LOT OF DAYS



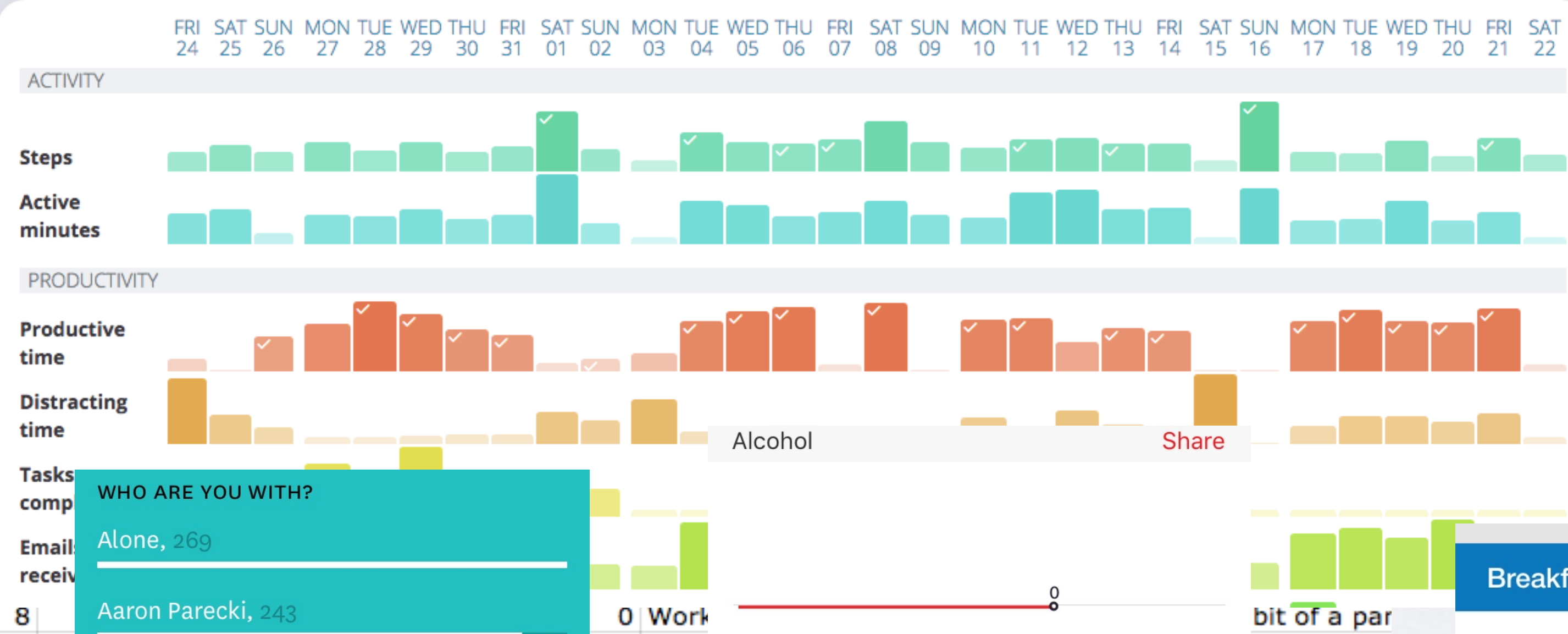
HI, I'M LILLIAN!

I'VE BEEN TRACKING DATA
ABOUT MYSELF FOR 11
YEARS.

ANOMALily
LILLIAN KARABAIC
ANOMALILY.NET @ANOMALILY

FIND WHAT I USE AT ANOMALILY.NET/LIFE-STACK#QS

1									
		Morale	Health	Miles Biked	Hours of SI	# of alcoho	# of caffier		
2	9/5/2008		8	8	45	8	0	0	
3	9/6/2008		8	7	30	9	1	0	
4	9/7/2008		9						
5	9/8/2008		4						
6	9/9/2008		9						
7	9/10/2008		7						
8	9/11/2008		8						
9	9/12/2008		9						
10	9/13/2008	9.00	8.						
11	9/14/2008		9						
12	9/15/2008		8						
13	9/16/2008		8						
14	9/17/2008		8						
15	9/18/2008		7						
16	9/19/2008	eight							
17	9/20/2008		8						
18	9/21/2008		6						
19	9/22/2008		8						
20	9/23/2008		8						
21	9/24/2008		7						
22	9/25/2008		7						



WHO ARE YOU WITH?

Alone, 269

Aaron Parecki, 243

Dora, 206

Firebrand People, 31

Randi, 26

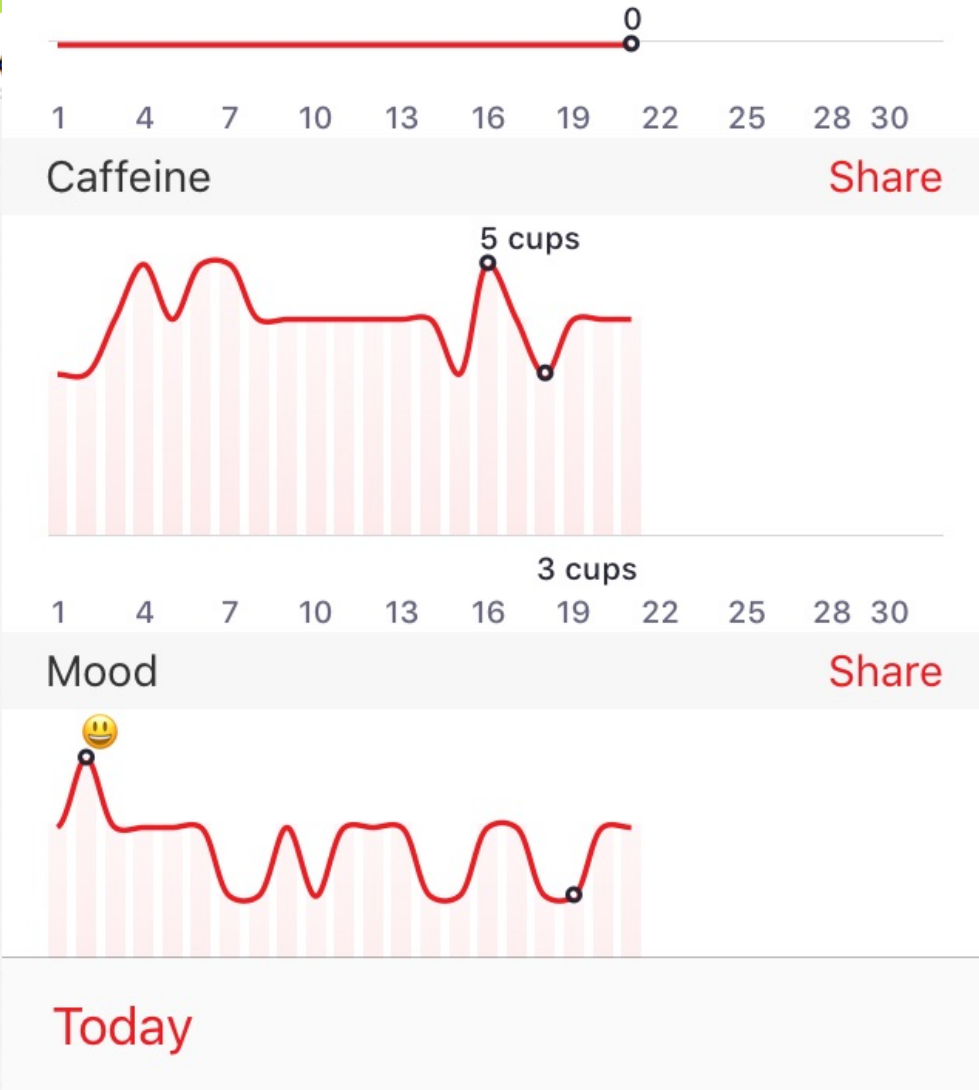
Mom, 25

Pollyanne Birge, 25

Coworkers, 24

Keen People, 23

REPORT 4 OF 9 AWAKE



Tracking

Lumen Trails

Sleep Cycle

Clock

Pact

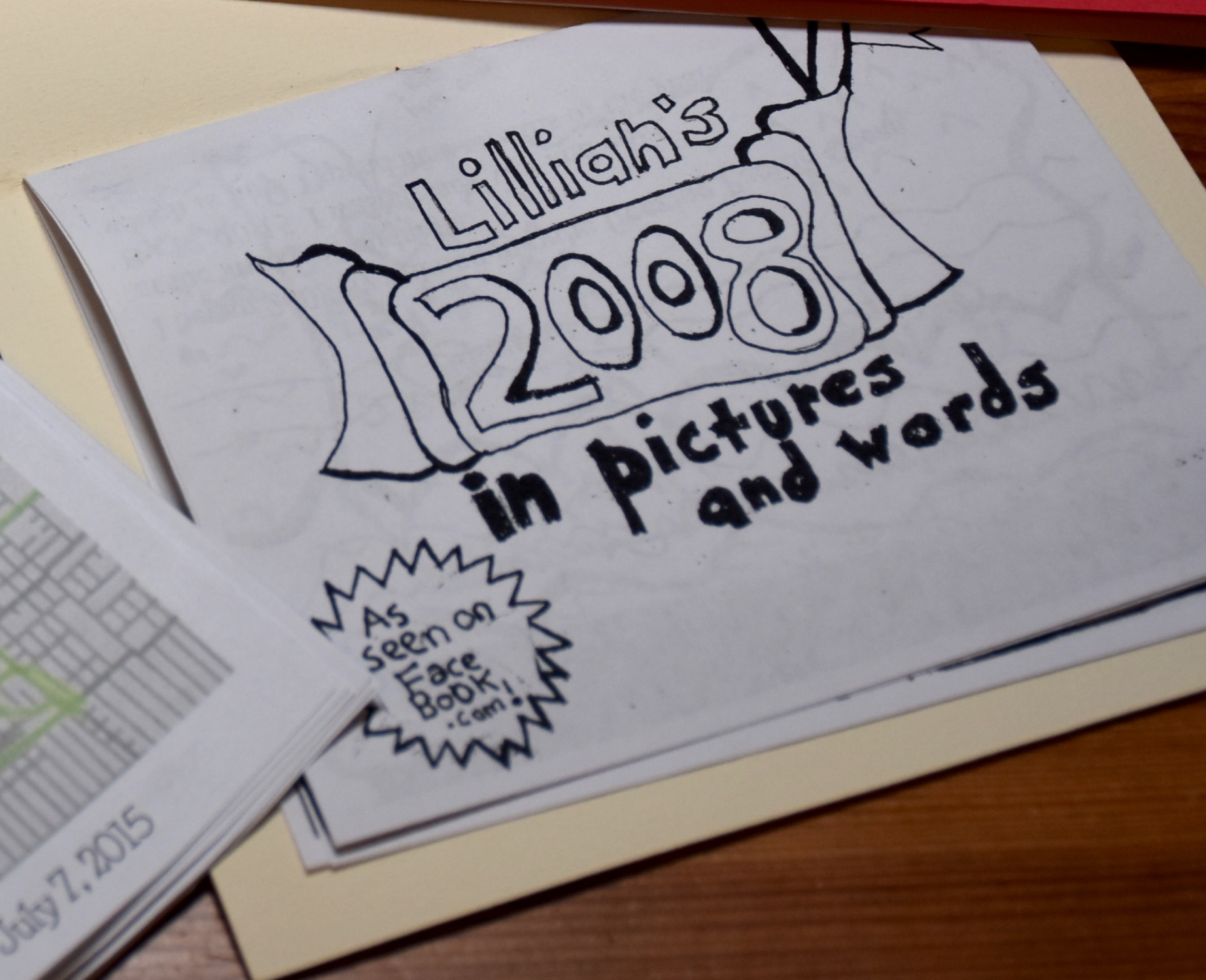
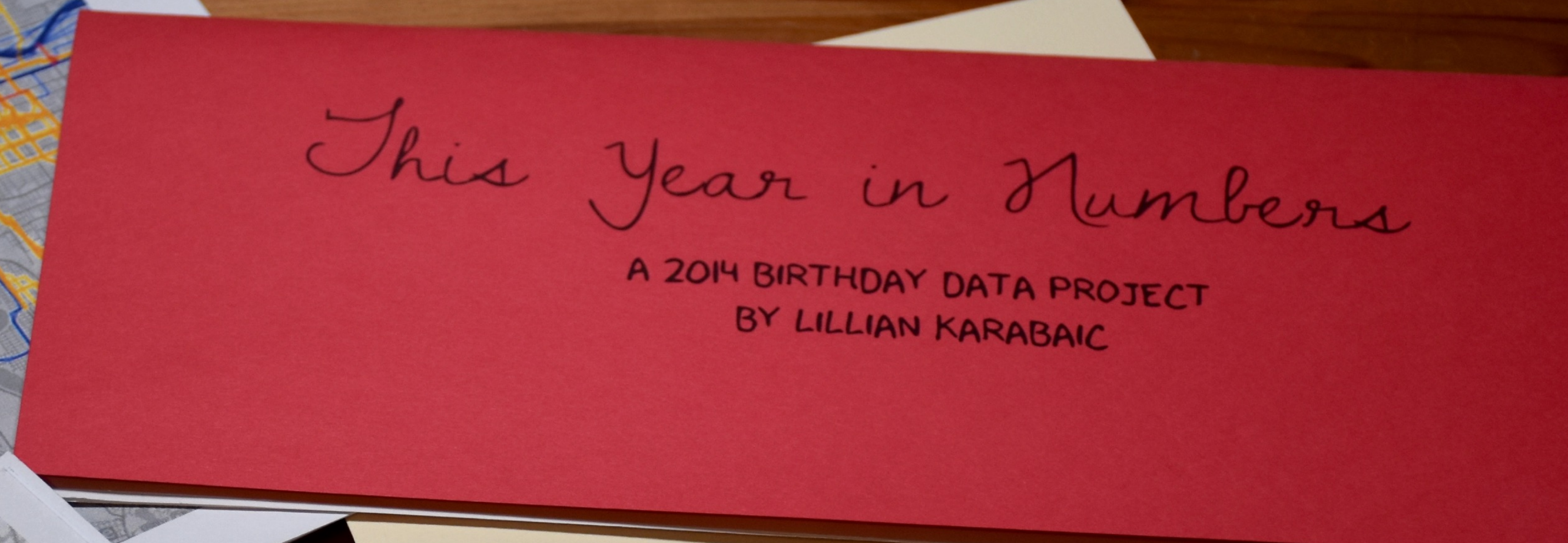
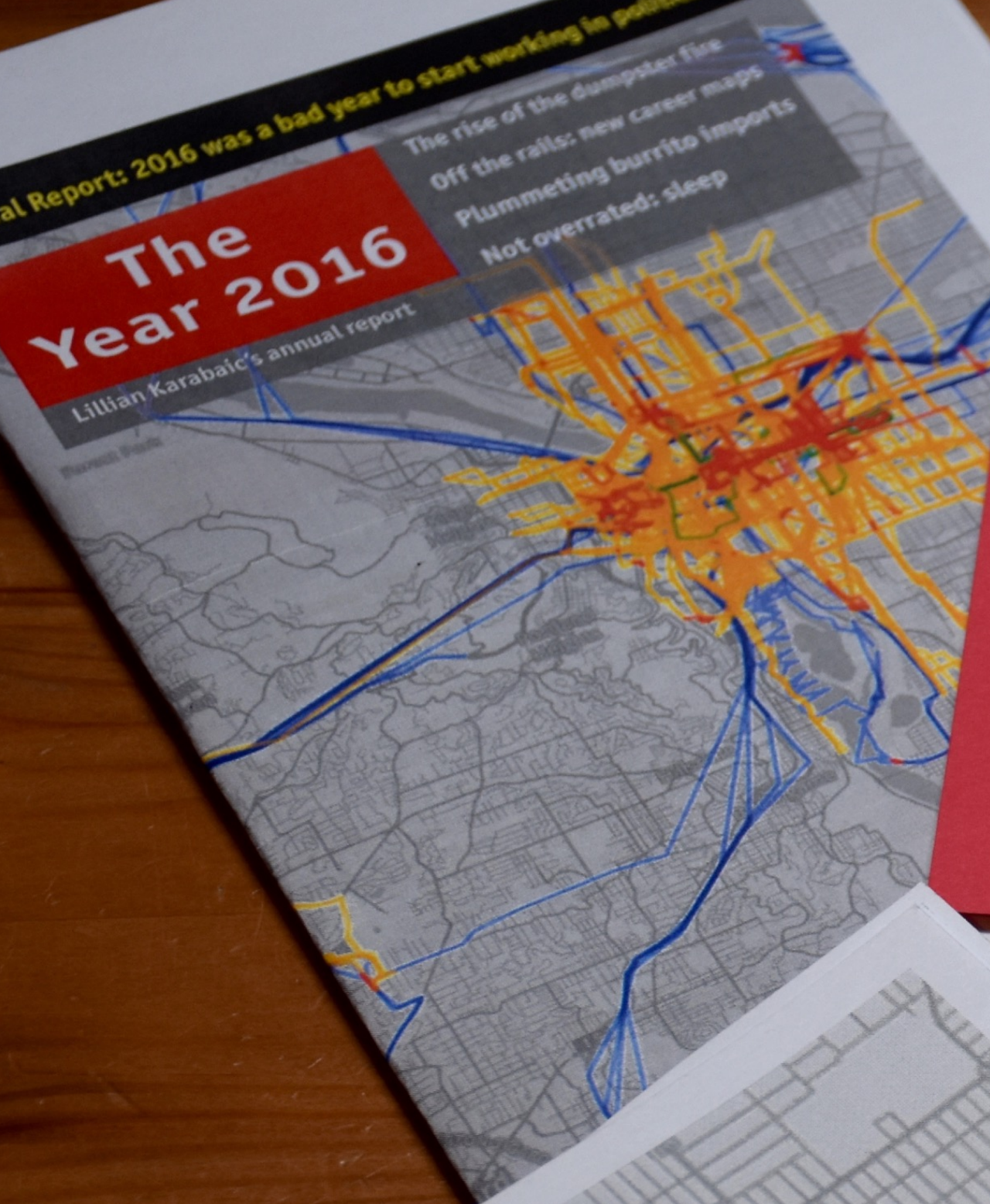
Duolingo

UP Coffee

Breakfast	430
Cheddar Flavored Shreds	90
Daiya, 0.2 cup	
Unsweetened Soy Milk	10
Trader Joes, 1 fluid ounce	
Oil, canola	124
1 tbsp	
Black Beans	81
Black Beans, 0.4 cup	

HomeveeterDiarySoy Milk

Progress More



(ALMOST)
EACH YEAR* I
COMPILE AN
ANNUAL REPORT
FILLED WITH
ART(?) OF MY
DATA.

WRITING & LAYING OUT

A 260+ PAGE

BOOK TAKES

A LOT OF TIME....

#SURPRISINGNOONE

I FELT GUILTY FOR NOT MAKING AN ANNUAL REPORT AFTER 10 YEARS



PURR-SONAL
FINANCE!

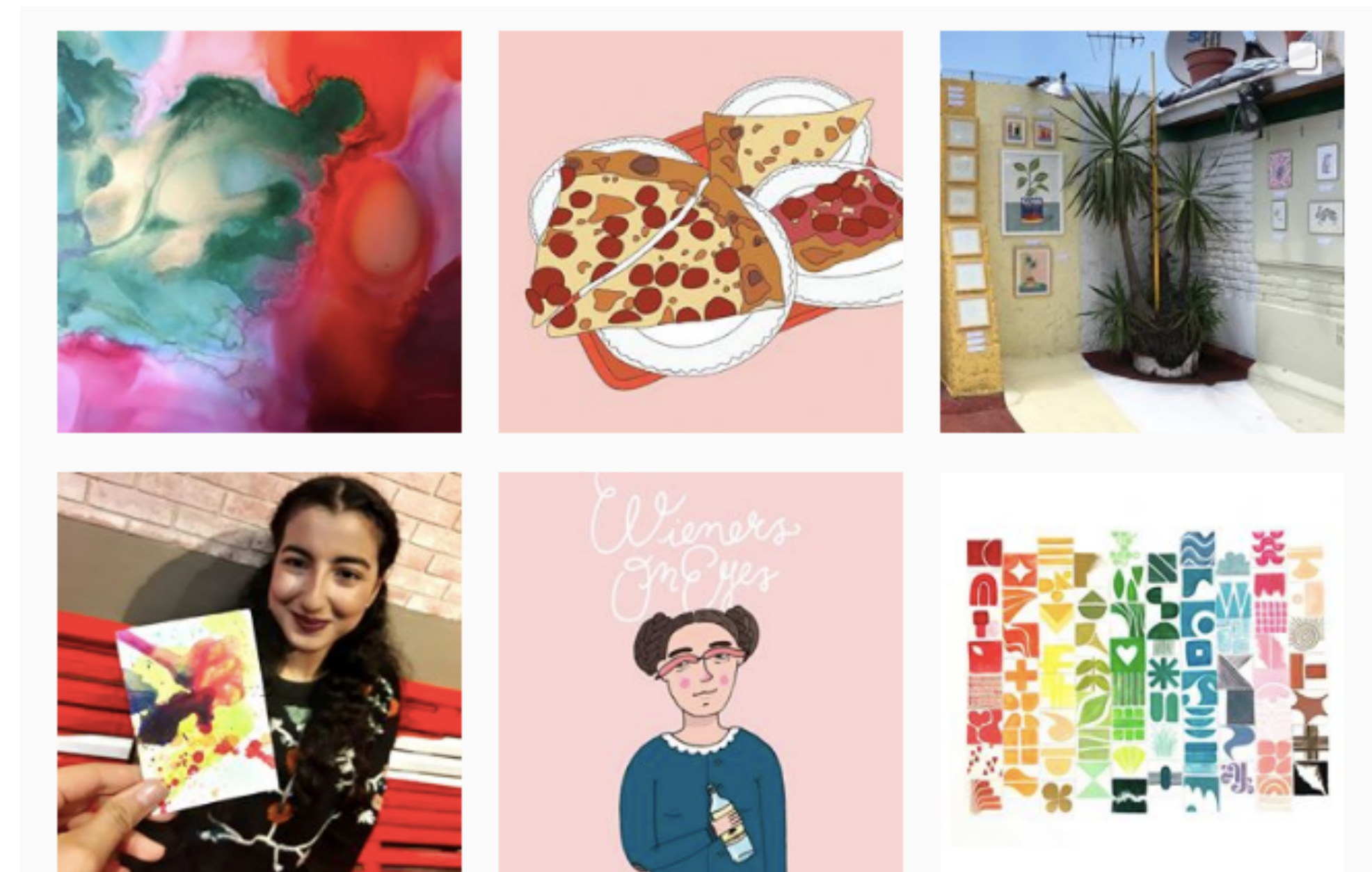


I HEARD ABOUT THIS THING CALLED

#THE100DAY PROJECT

I HEARD ABOUT THIS THING CALLED

#THE100DAYPROJECT





WHY NOT MAKE MY FUN YEARLY CREATIVE PROJECT A COMPLICATED, DAILY EXERCISE?

ANOMALily
LILLIAN KARABAIC
ANOMALILY.NET @ANOMALILY

NORMAL PEOPLE:
I'LL COOK DINNER.

ME: I SHOULD PICK 365
RECIPES AND TURN IT INTO
A DAILY BLOG AND KEEP
TRACK OF ALL THE COSTS
AND MAYBE THERE SHOULD
BE A VLOG COMPONENT. I'M
BUYING A DOMAIN
RIGHTNOW.

EVERY US STATE I SET FOOT IN
IN THE PAST DECADE

AGE

20

21

22

23

24

25

26

27

28

29

30



#100DAYSOFFQS

EVERY US STATE I SET FOOT IN
IN THE PAST DECADE

AGE

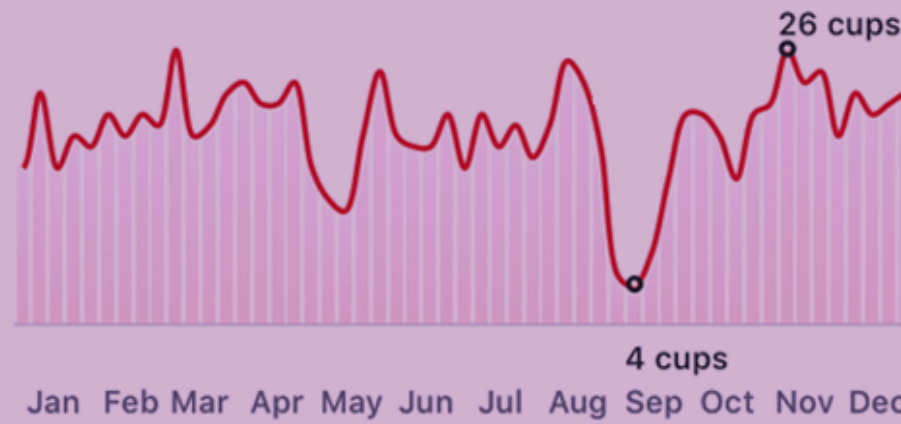
- 20
- 21
- 22
- 23
- 24
- 25
- 26
- 27
- 28
- 29
- 30



#100DAYSOFFQS

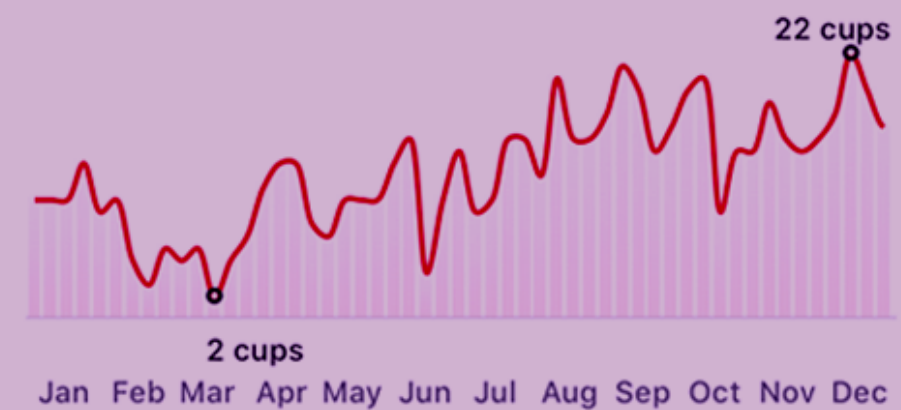
COFFEE

48 mins



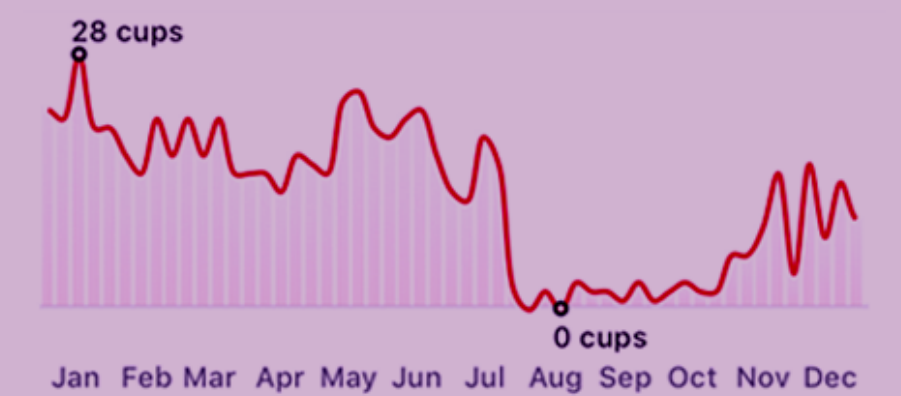
2017

Total: 959 cups
Daily average: 3 cups



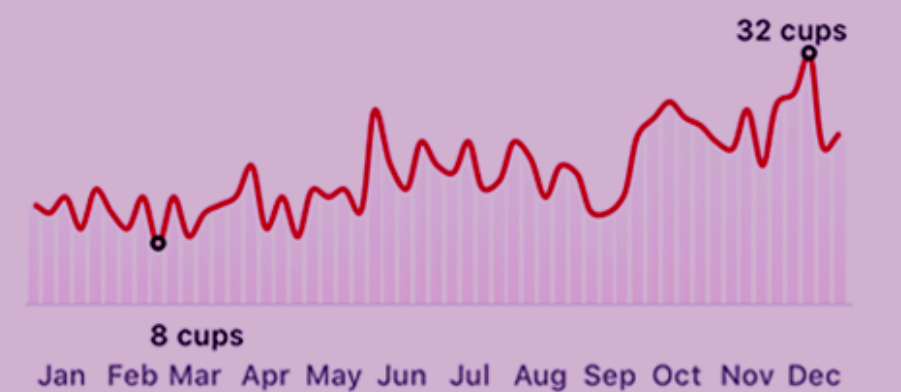
2016

Total: 644 cups
Daily average: 2 cups



2015

Total: 646 cups
Daily average: 2 cups



2014

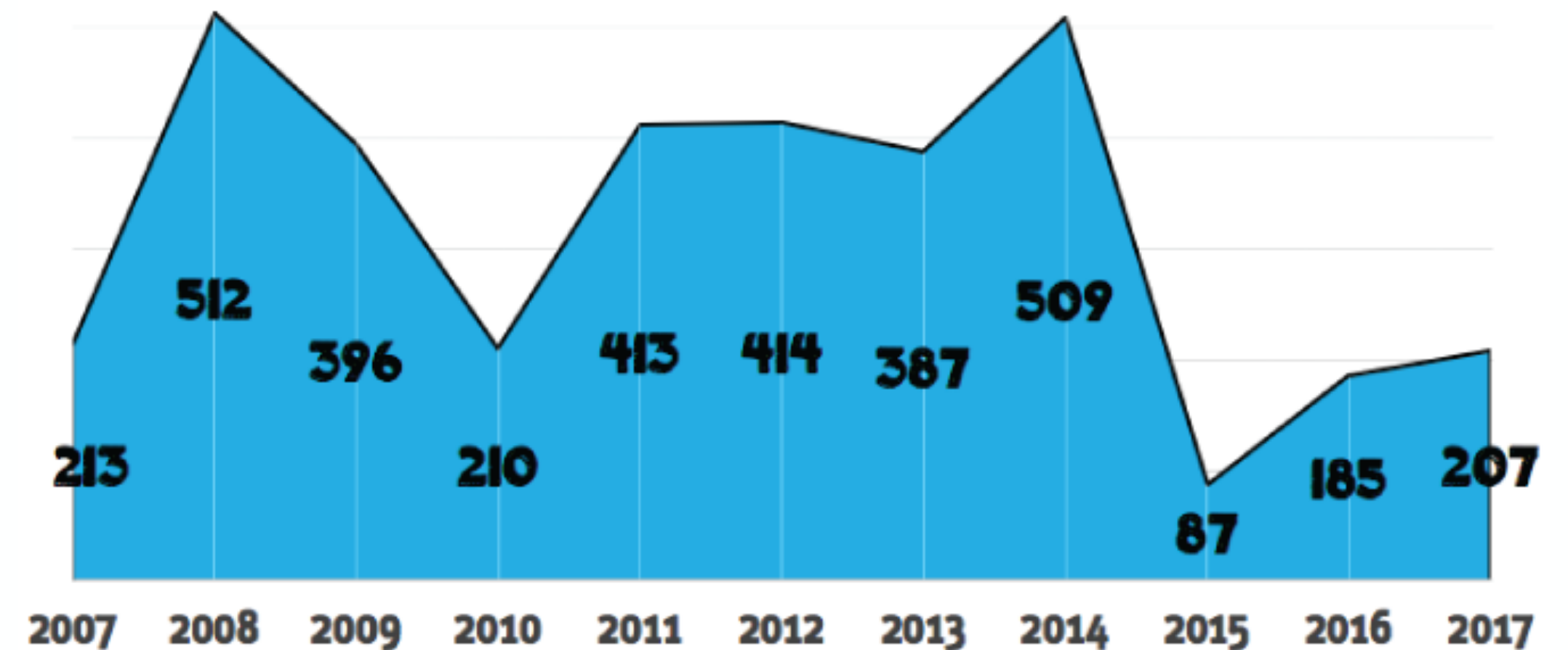
Total: 887 cups
Daily average: 2 cups

#100daysofQS

3 hours, 23 mins

#100DAYSOFGS

Flickr Photos by Year



Nikon D100
11/2/2007 - 07/10/2011
Gift from Tom H.



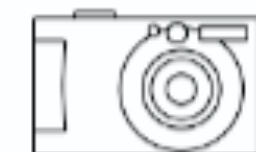
Lumix Panasonic DMC-LX3
10/14/09 - 12/24/2014
\$510 from eBay



Nikon D5000
1/19/2012 - 2/28/2017
\$589.95 from eBay



Lumix Panasonic DMC-LX7
12/27/2014 - Present
\$275 from eBay



Nikon D5600
3/4/2017 - Present
\$999.99 new from Pro Photo Supply

1 hour, 13 mins

My FAITHFUL SERVANTS

(COMPUTERS OVER THE YEARS)

2003



Apple Powerbook G4 17"
11/2003 - 08/2008
80 GB HD; 256 MB RAM

*Replaced: logic board x 2
harddrive, upgraded RAM*

2008



Apple Powerbook G4 12"
11/2008 - 7/2009
40 GB HD; 512 MB RAM

*15" turned out to be too
big, sold & bought a 13"*

2009



Macbook Pro 15.4"
7/2009 - 8/2010
320 GB HD; 2 GB RAM

2010



Macbook Pro 13"
8/2010 - 12/2012
250 GB HD; 2 GB RAM

*Cracked screen in early 2012,
kept using for my thesis*

2012



Macbook Air Cor i7 11"
12/2012 - Present
256 GB HD; 8 GB RAM

*Swapped out case &
logic board in 2016*

2016

due to "The Coffee Incident"

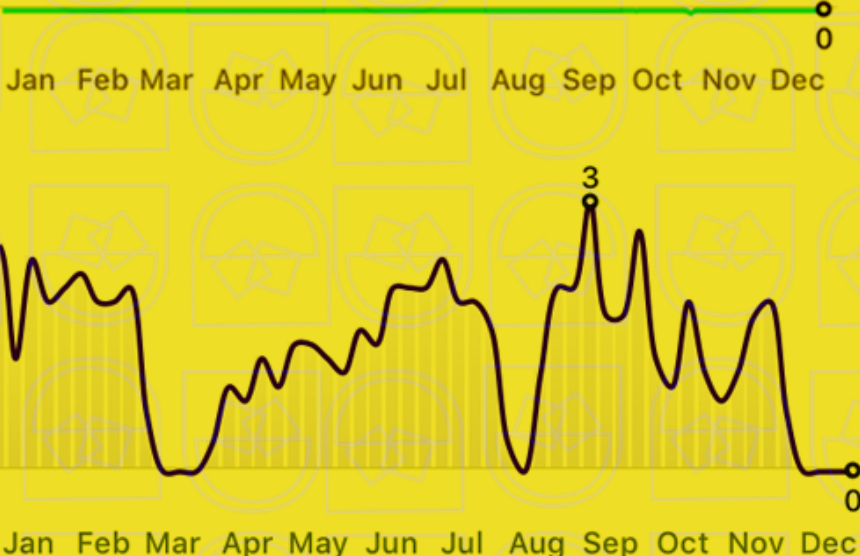
#100DAYSOFAQS

55 mins

BOOZE

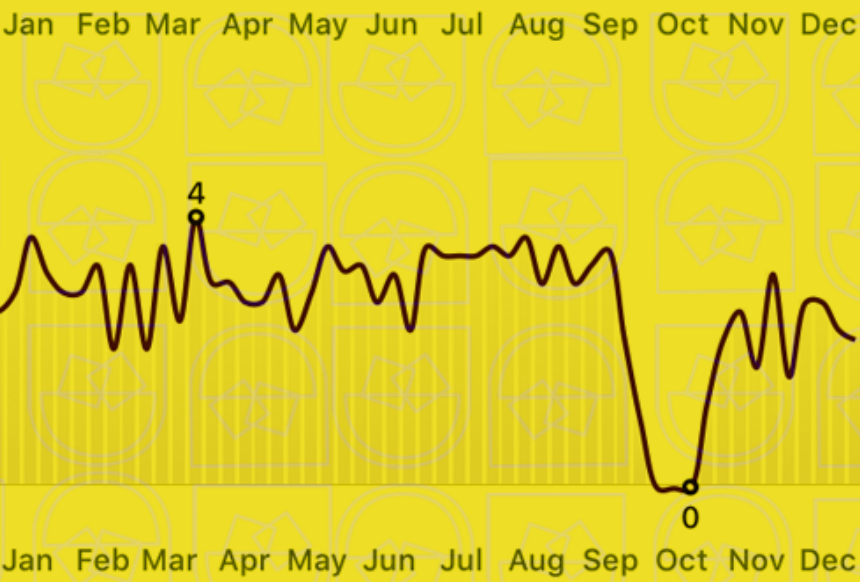
2017

Total: 0 drinks
Daily average: 0 drinks



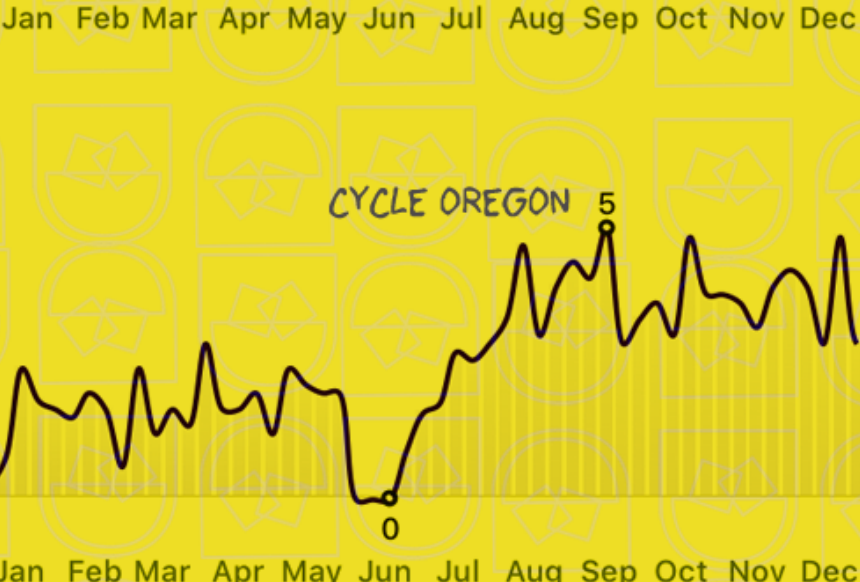
2016

Total: 442 drinks
Daily average: 1 drink



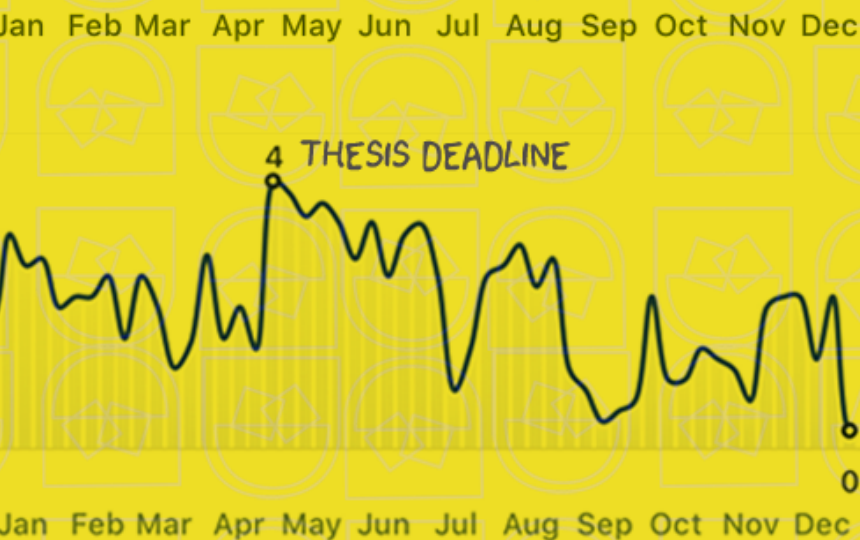
2015

Total: 1,021
Daily average: 3 drinks



2014

Total: 860 drinks
Daily average: 2 cups



2013

Total: 717 drinks
Daily average: 2 drinks



20 minutes

Statistically significant* but useless
Correlation #6

I get more STEPS
on days when I
don't consume
NACHOS.

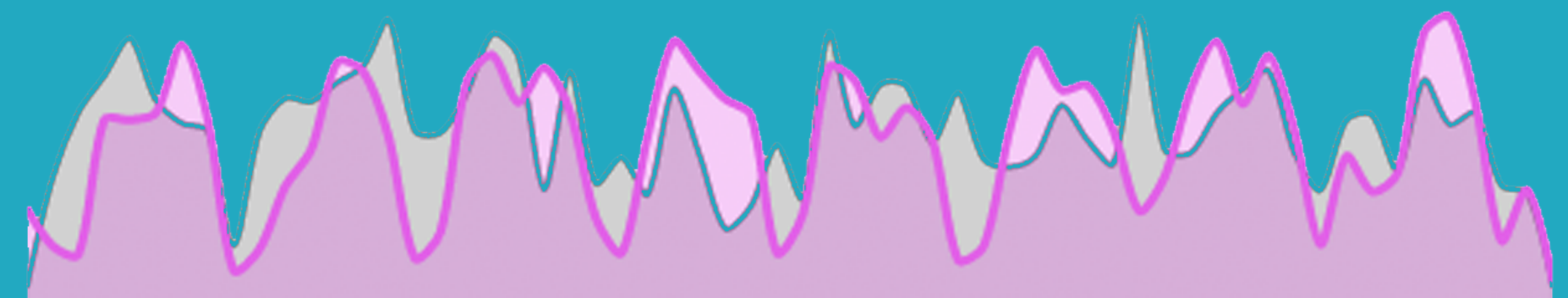
#100daysofQS

18 minutes

Statistically Significant* but useless
Correlation #3



I consume more PROTEIN
on days when I
RECEIVE MORE EMAILS.



#100daysofQS

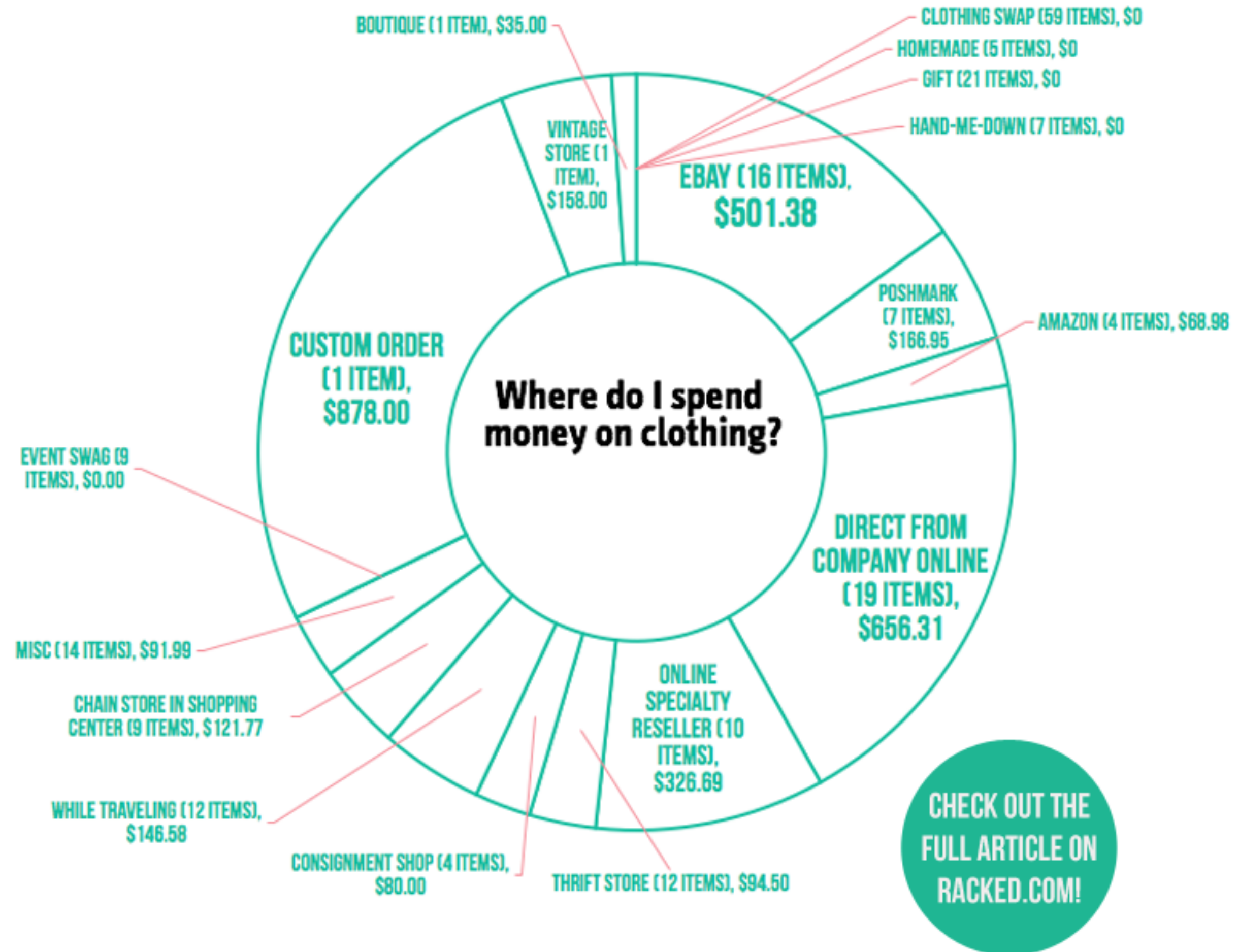
58 minutes

DIRTY LITTLE SECRET

I traveled 10,696 miles
by train, ferry, and bus
for the guilt-free reading time.

#100DAYSOFAQS

10 hours, 23 minutes*



#100daysofQS

27 minutes

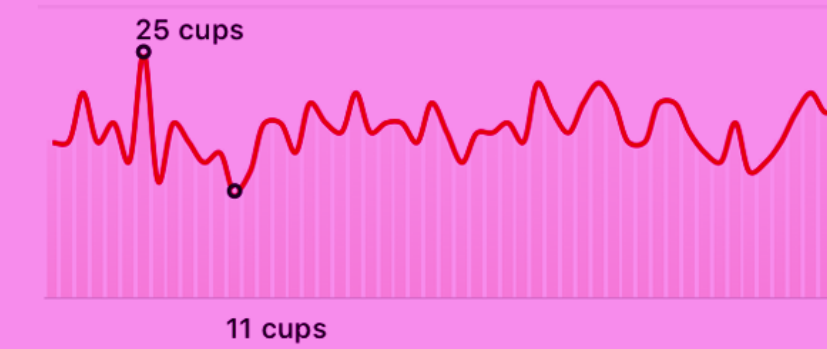


17 minutes

CAFFEINE

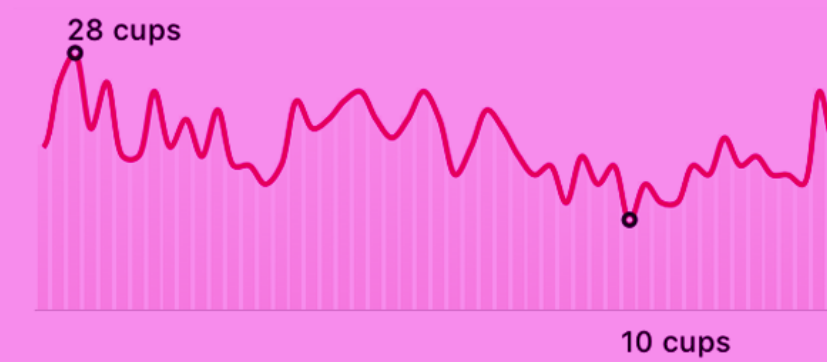
2017

Total: 1,081 cups
Daily average: 3 cups



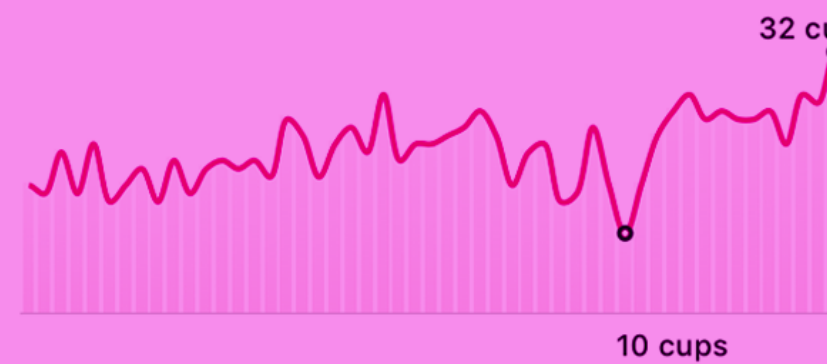
2016

Total: 908 cups
Daily average: 2 cups



2015

Total: 952 cups
Daily average: 3 cups



2014

Total: 1,060 cups
Daily average: 3 cups



2013

Total: 808 cups
Daily average: 2 cups

25 minutes

MY MOST WORN CLOTHING ITEMS THIS YEAR



49 DAYS
\$8.99
BLACK TIGHTS



33 DAYS
\$0
GREEN STRETCH BLAZER



28 DAYS
\$8.50
GREY PEPLUM BLAZER



14 DAYS
\$37
BLACK & CREAM LACE
STRIPED DRESS



15 DAYS
\$11
TEAL GATHERED
SHEATH DRESS

#100DAYSOFFQS

47 minutes

FOUR FINANCIAL RISKS I TOOK IN MY TWENTIES
THAT HAD A POSITIVE RETURN ON INVESTMENT



AGE 20
\$50
MOVE TO PORTLAND
FOR AN AMERICORPS POSITION



AGE 26
\$237.80
PLANE TICKET TO SPEAK AT
NATIONAL BIKE SUMMIT
(LANDED ME A JOB)



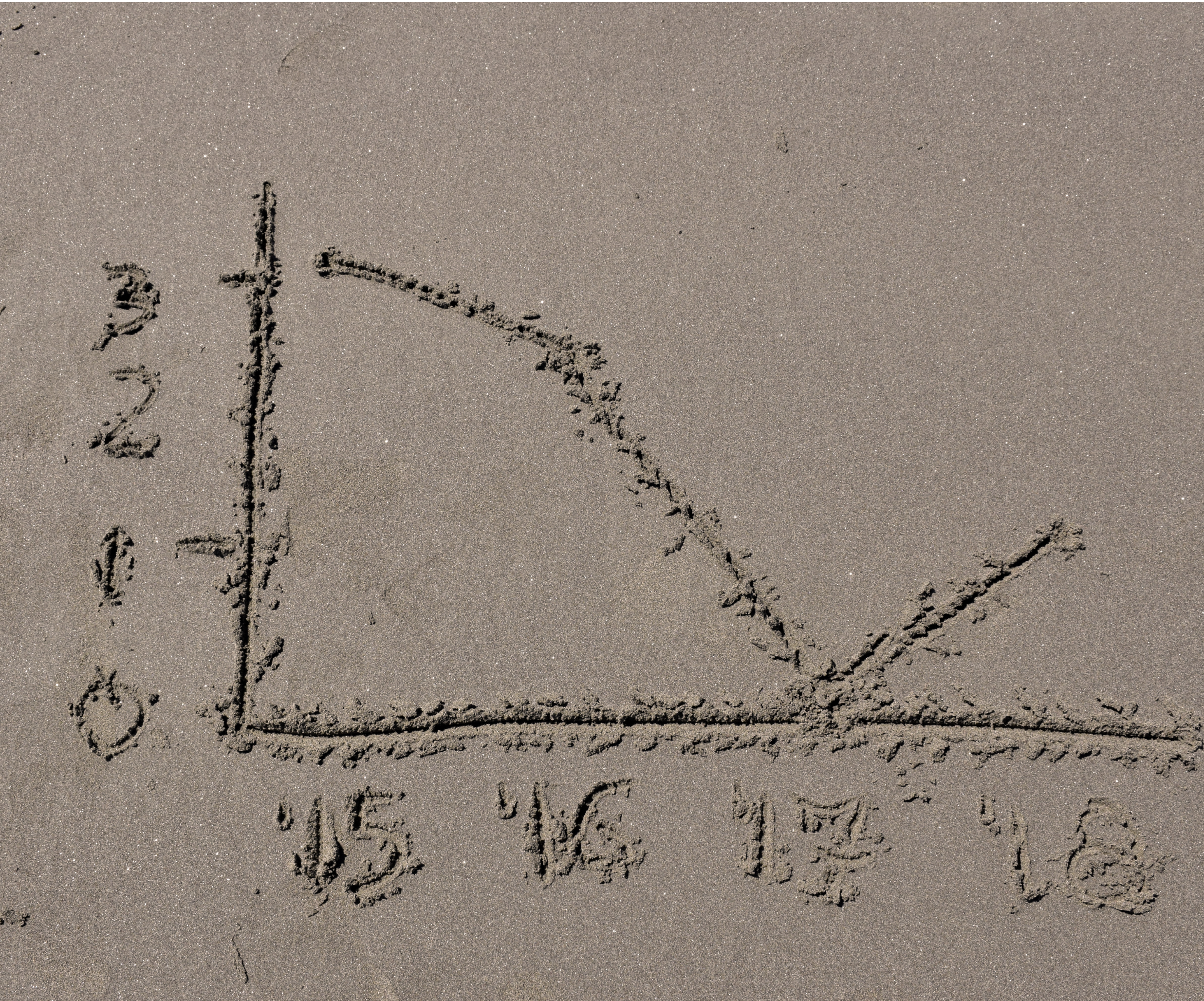
AGE 29
\$68.95
INSTANT POT
(...OKAY, MY SO GOT THIS,
BUT IT HAS PAID OFF AND I WOULD
GET IT AGAIN IN A HEARTBEAT)



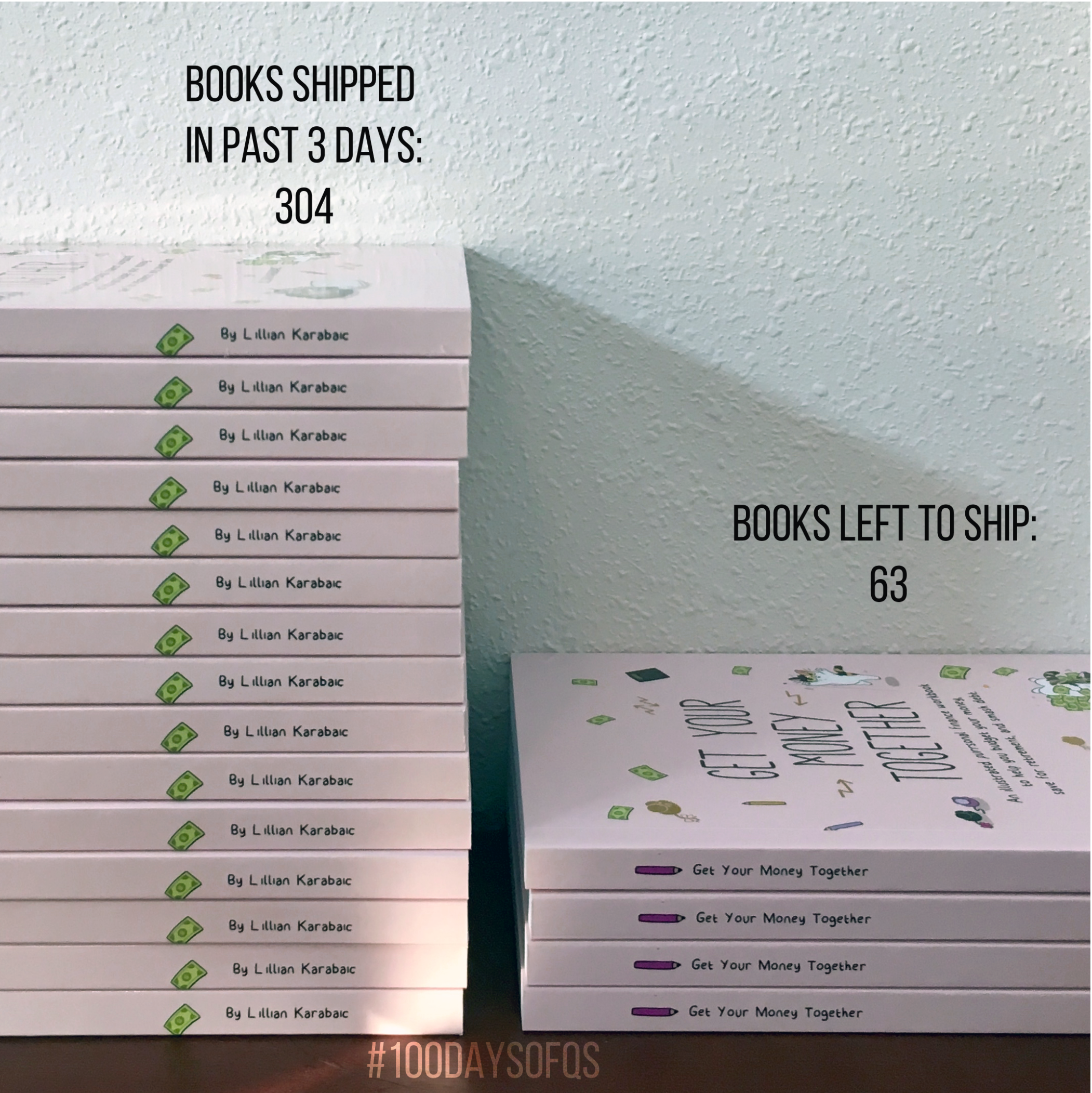
AGE 25
\$1,614
MACBOOK AIR 11"
EARNED ME ~\$80,000
IN FREELANCE WORK
TO DATE

#100DAYSOFFQS

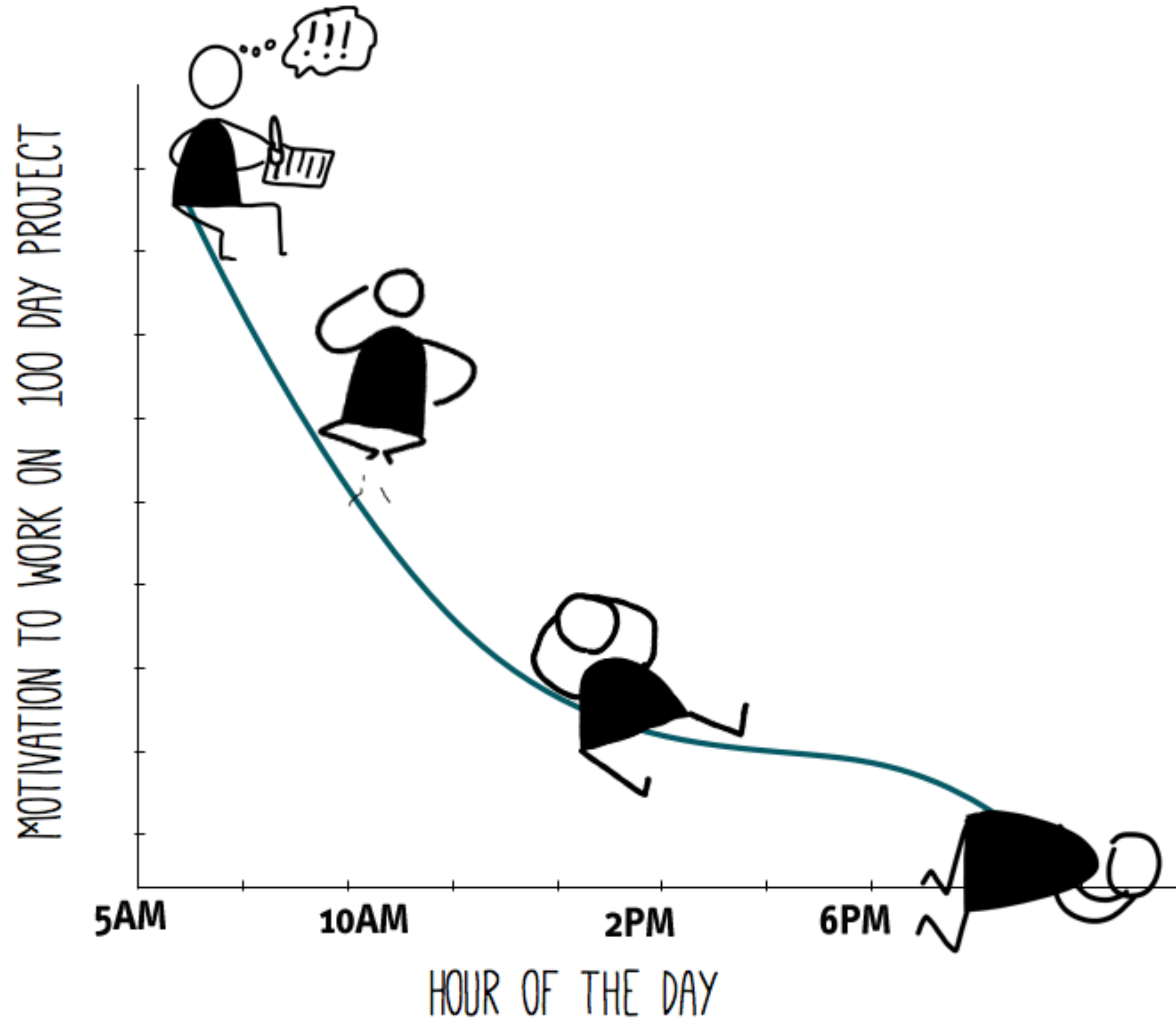
7 minutes



18 minutes

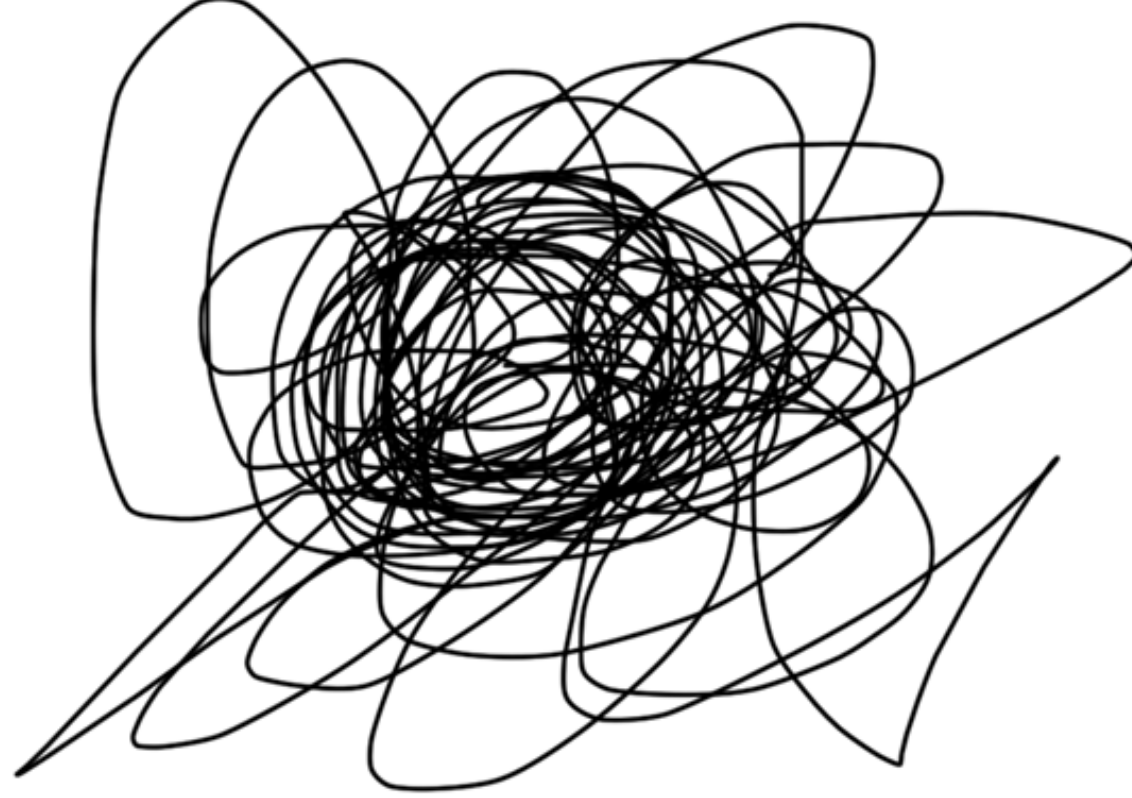


28 minutes

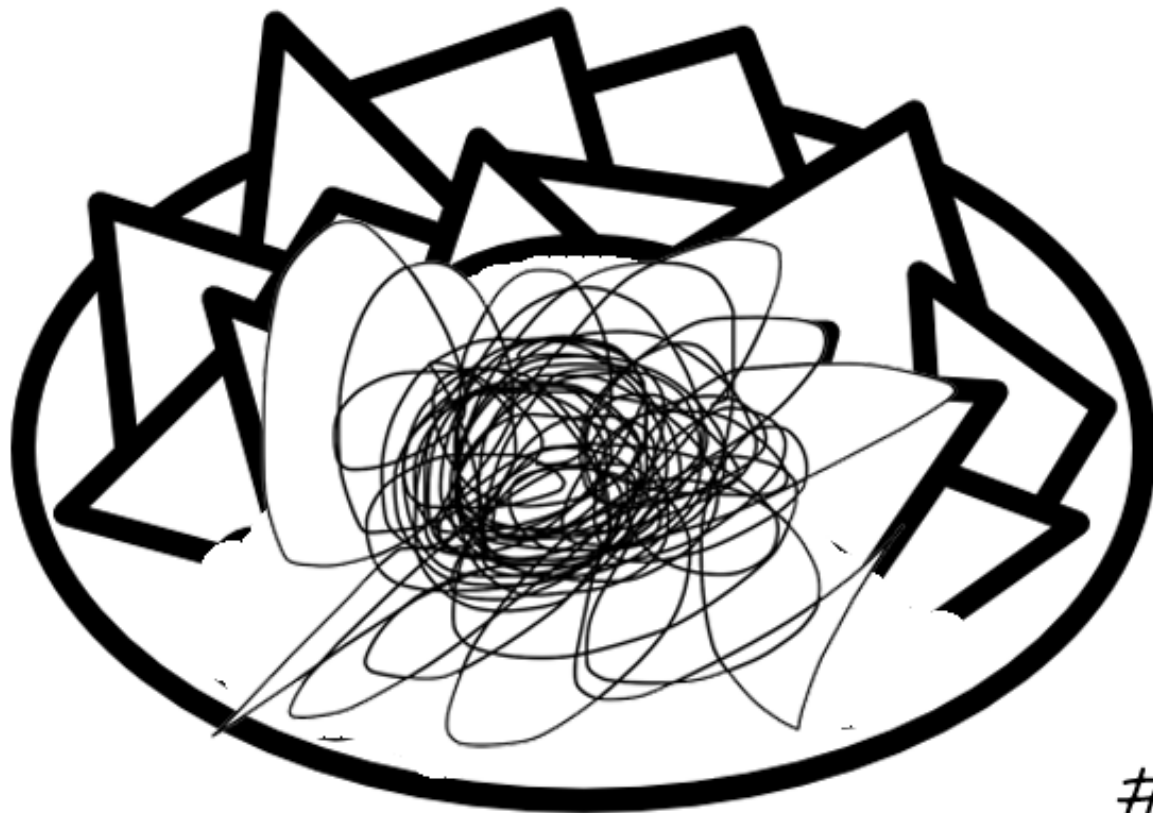


6 minutes

HOW MY BRAIN FEELS ON FRIDAY



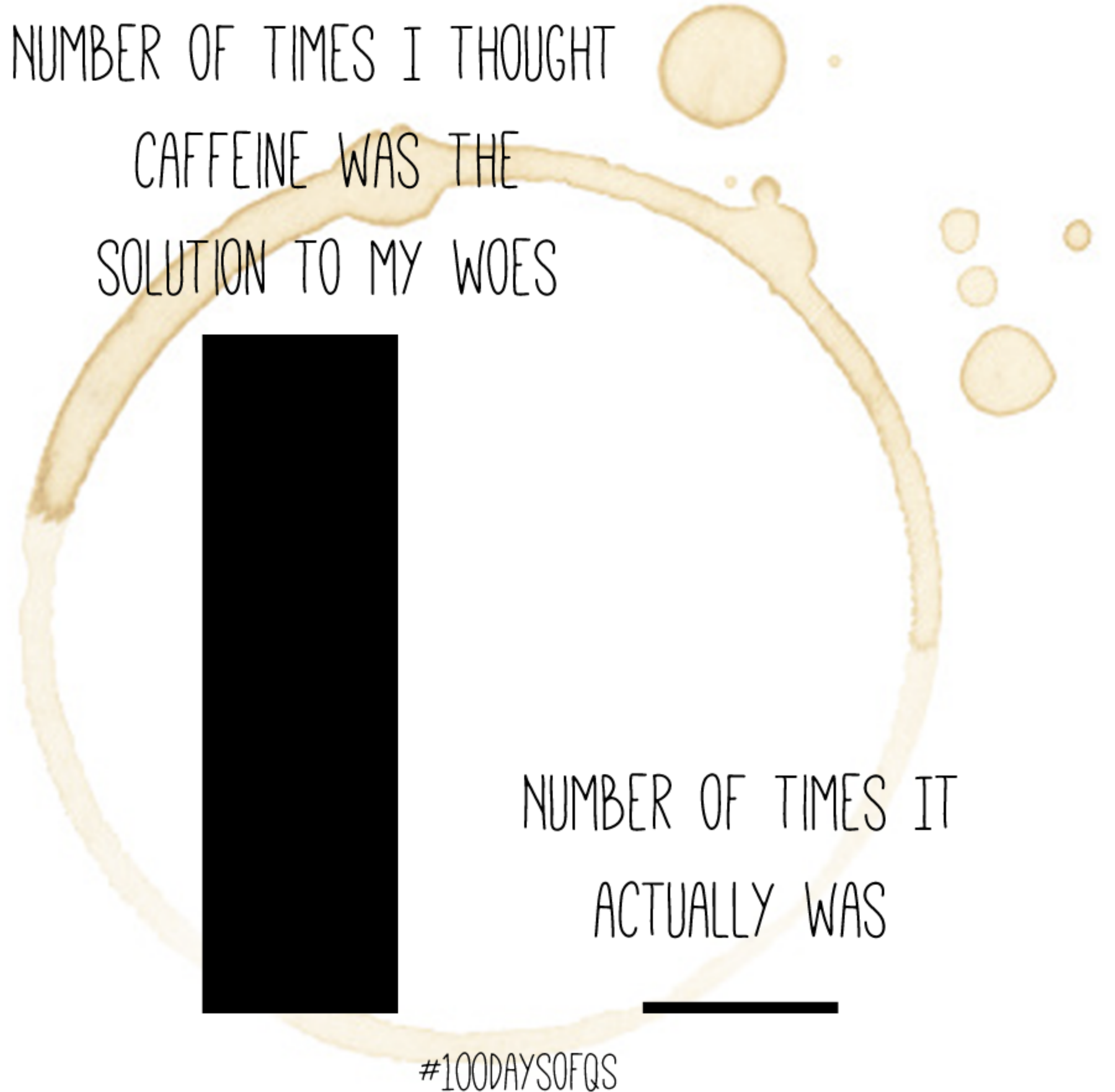
HOW MY BRAIN FEELS AFTER FRIDAY NACHOS



#100DAYSOFFQS

20 minutes

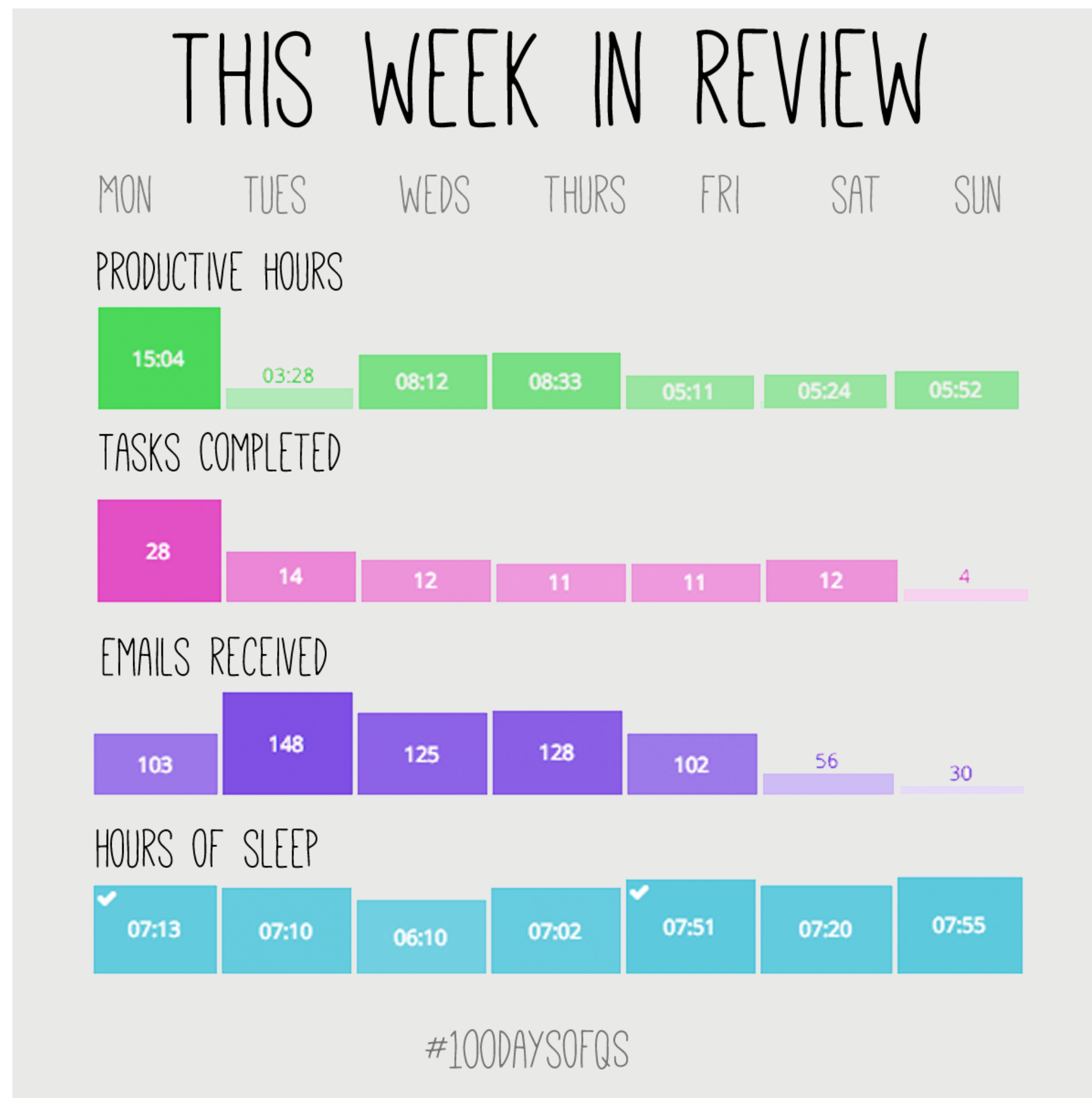
NUMBER OF TIMES I THOUGHT
CAFFEINE WAS THE
SOLUTION TO MY WOES



#100DAYSOFFQS

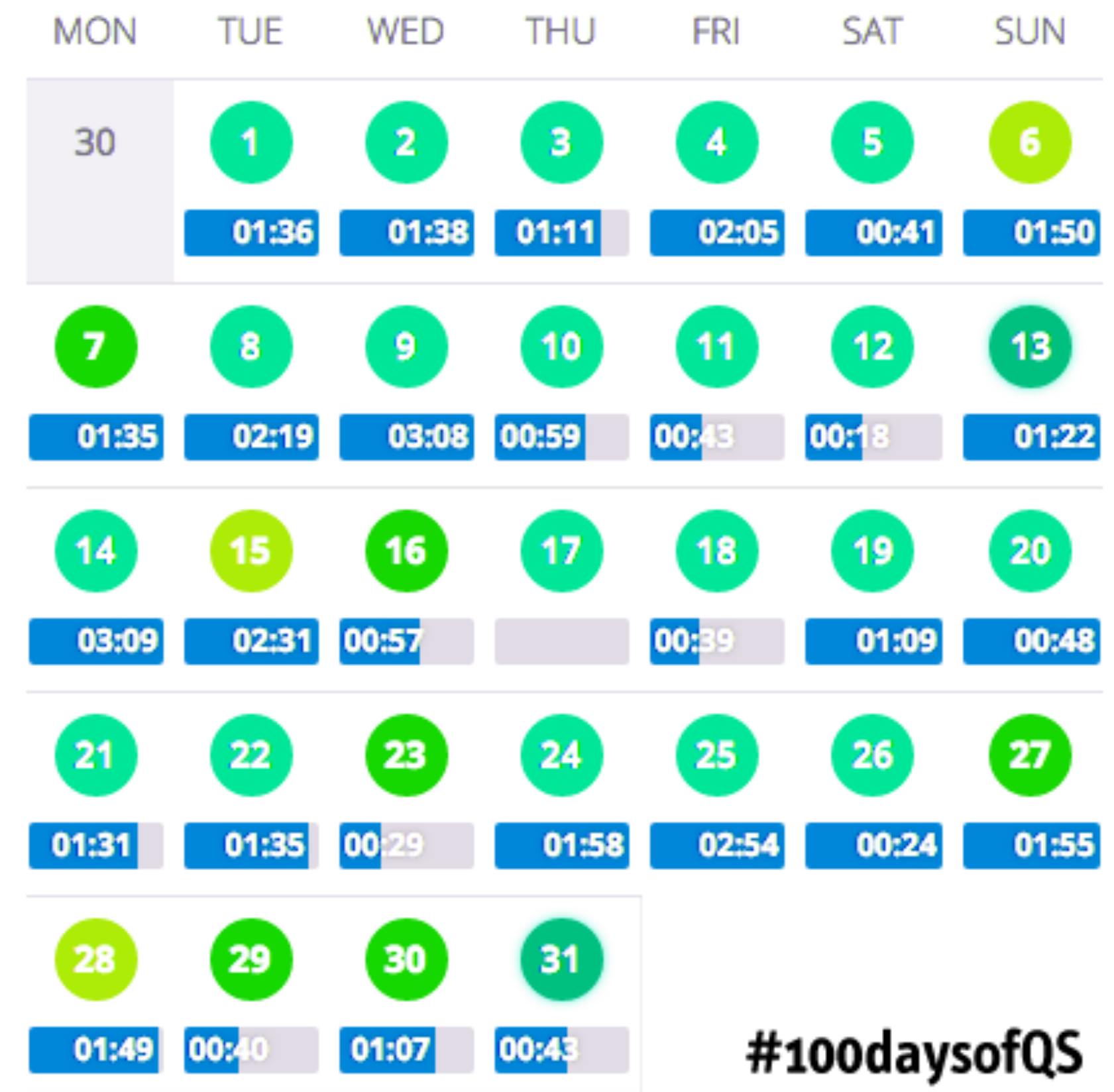
A VERY SPECIAL THANK YOU TO EXIST.IO FOR ALLOWING ME TO DO A CRAP, LAZY JOB A FEW DAYS.

31 minutes



30 minutes

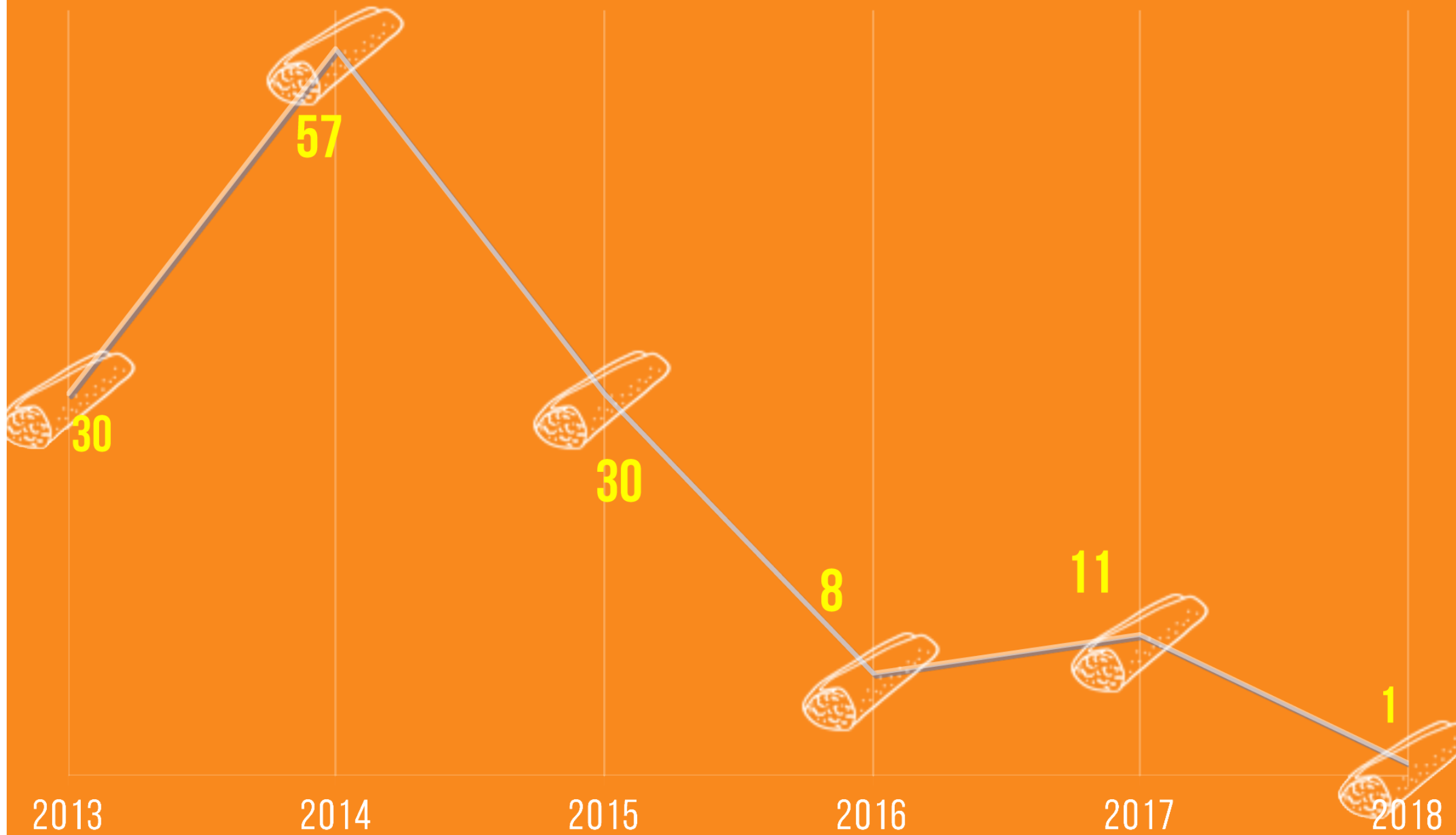
Active Minutes in May



#100daysofQS

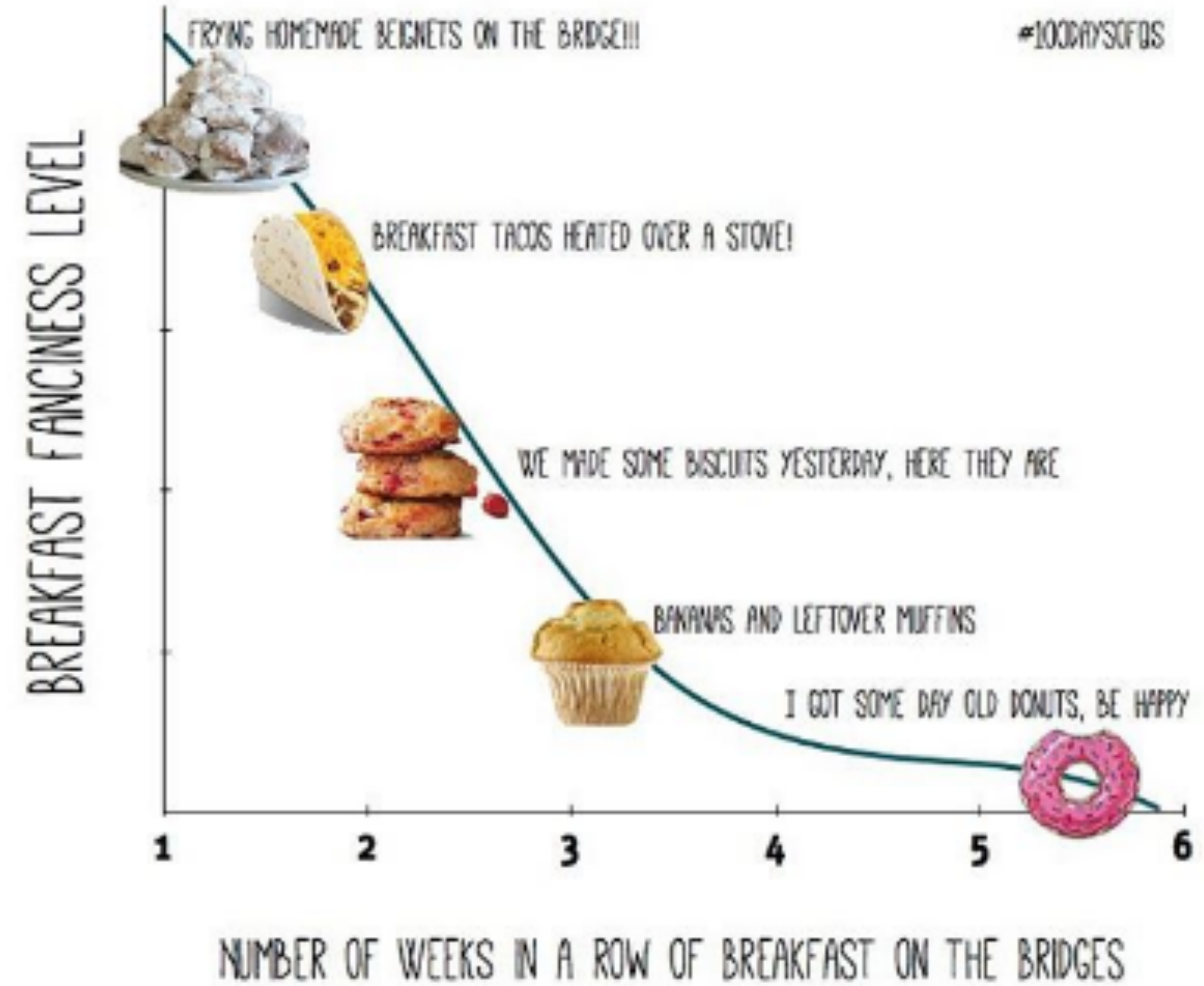
37 minutes

BURRITOS PER YEAR 2013 - 2018

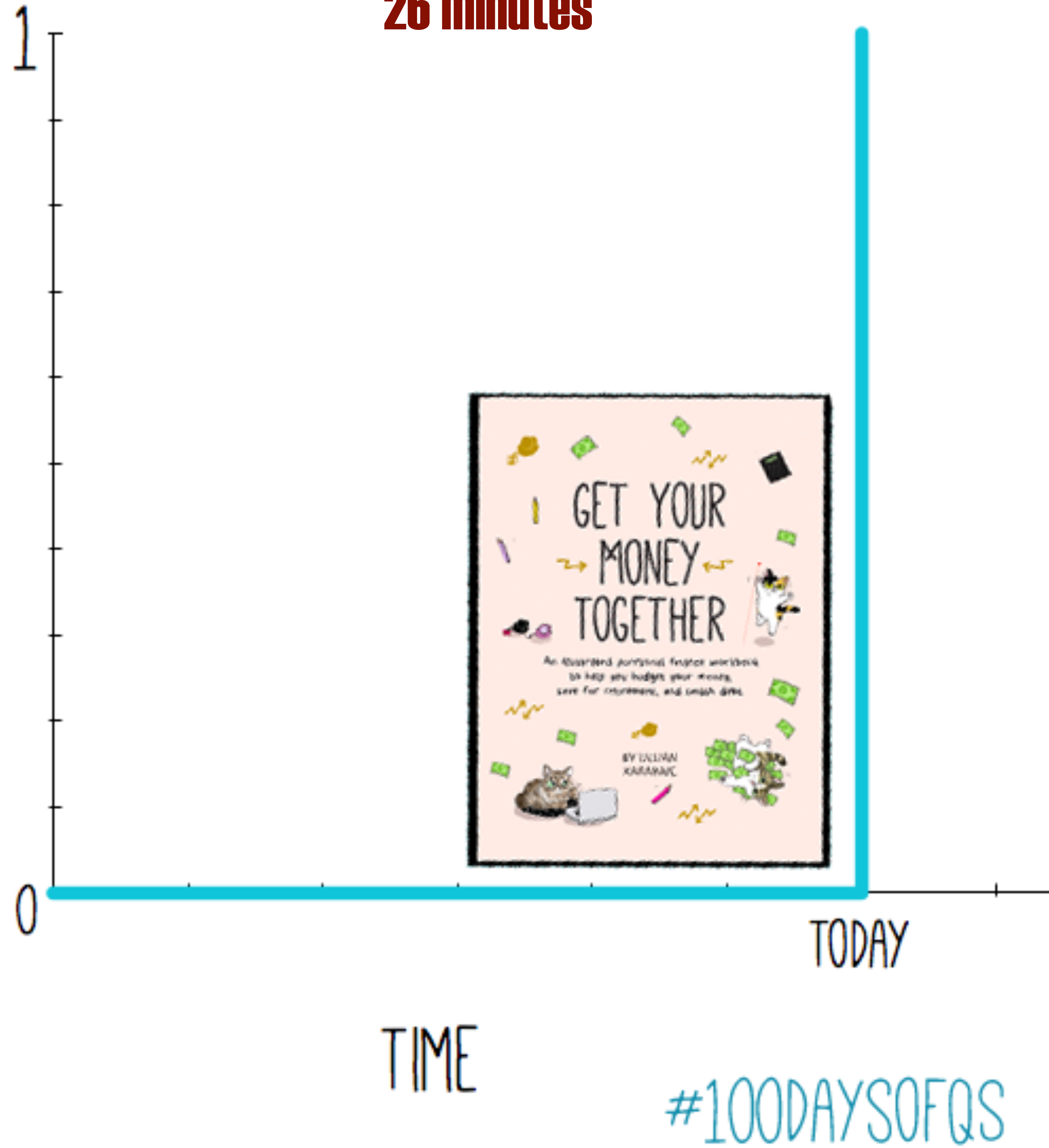


#100DAYSOFS

22 minutes



BOOKS I HAVE PUBLISHED

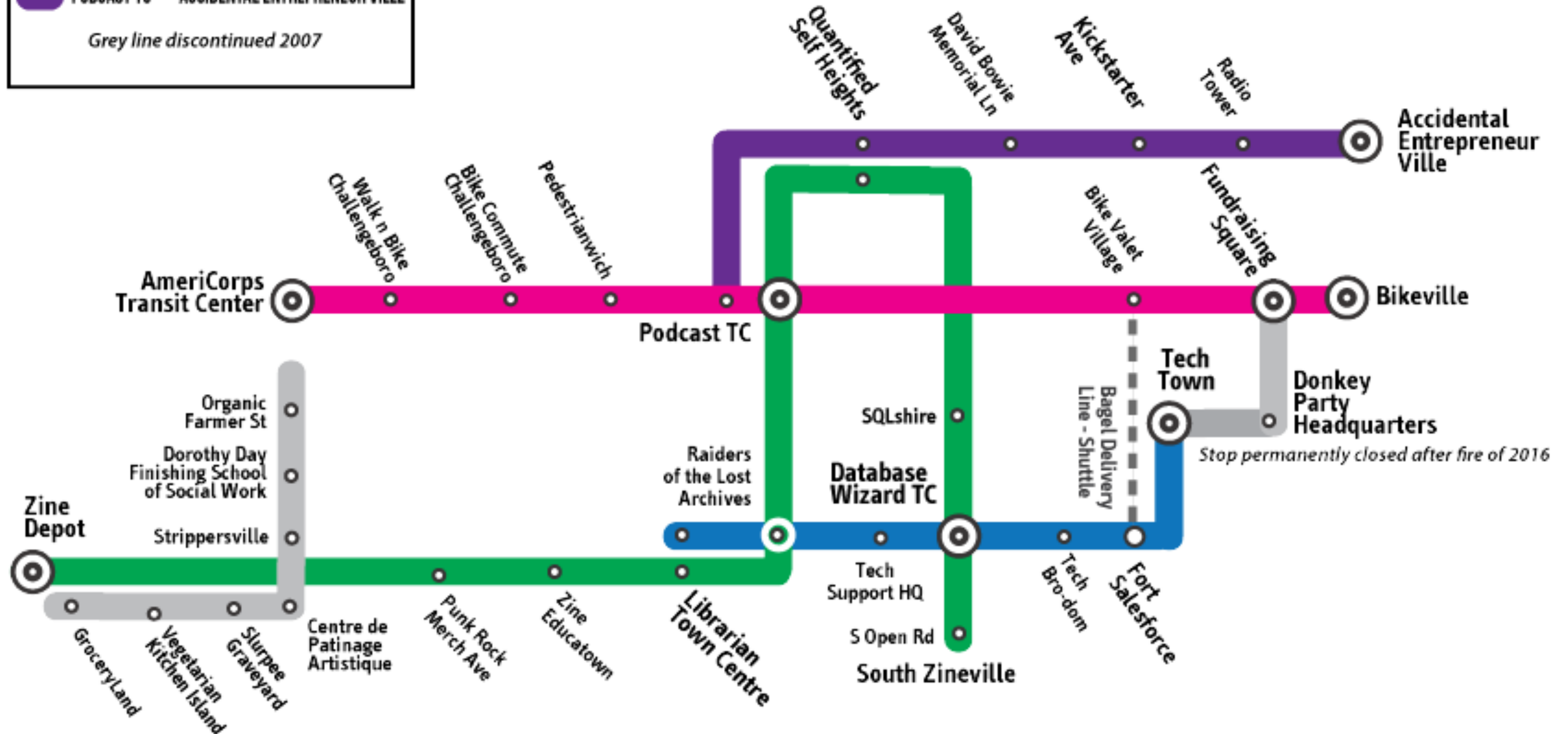
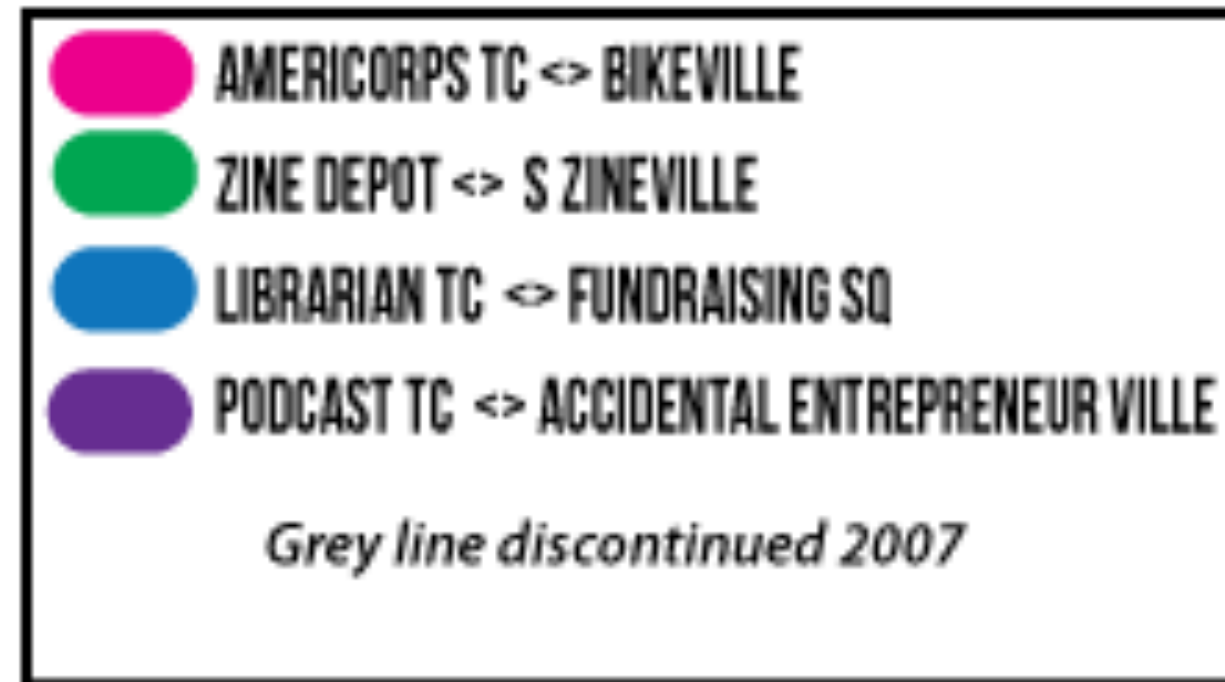


30 minutes



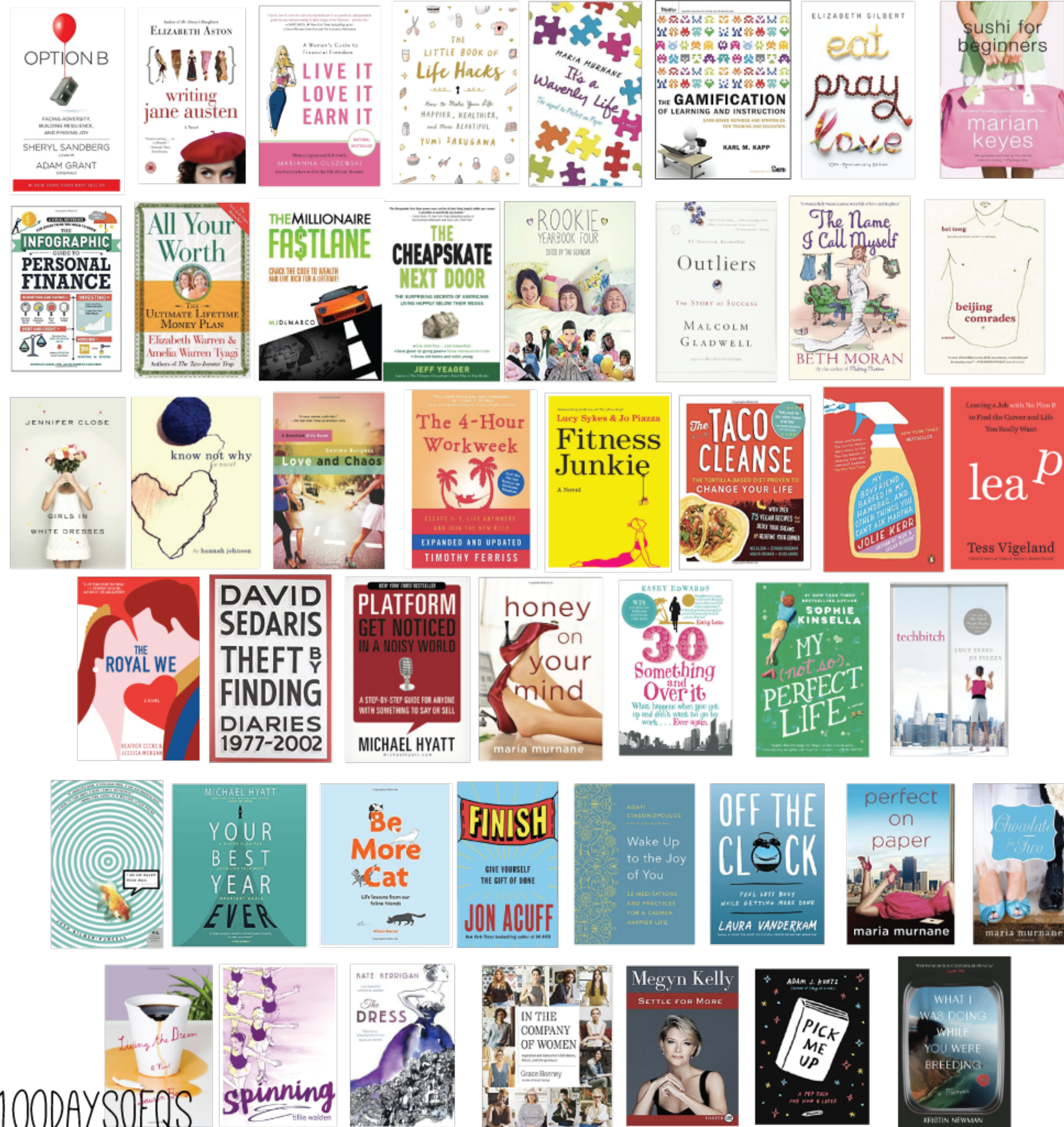
40 minutes*

The Transit Map of My Varied Career



4 hour, 45 mins

EVERY BOOK I FINISHED THE YEAR I WAS 30 YEARS OLD

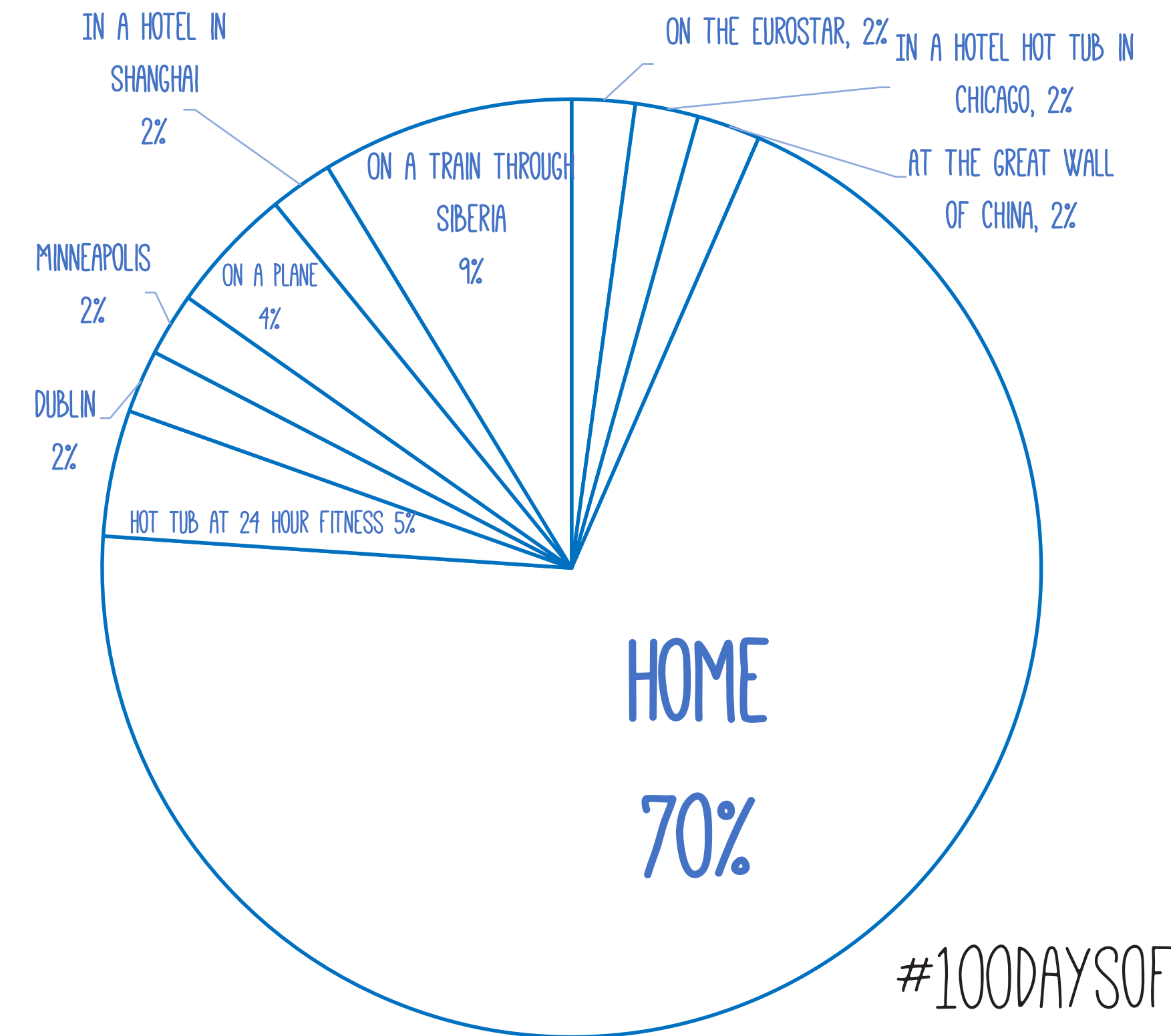
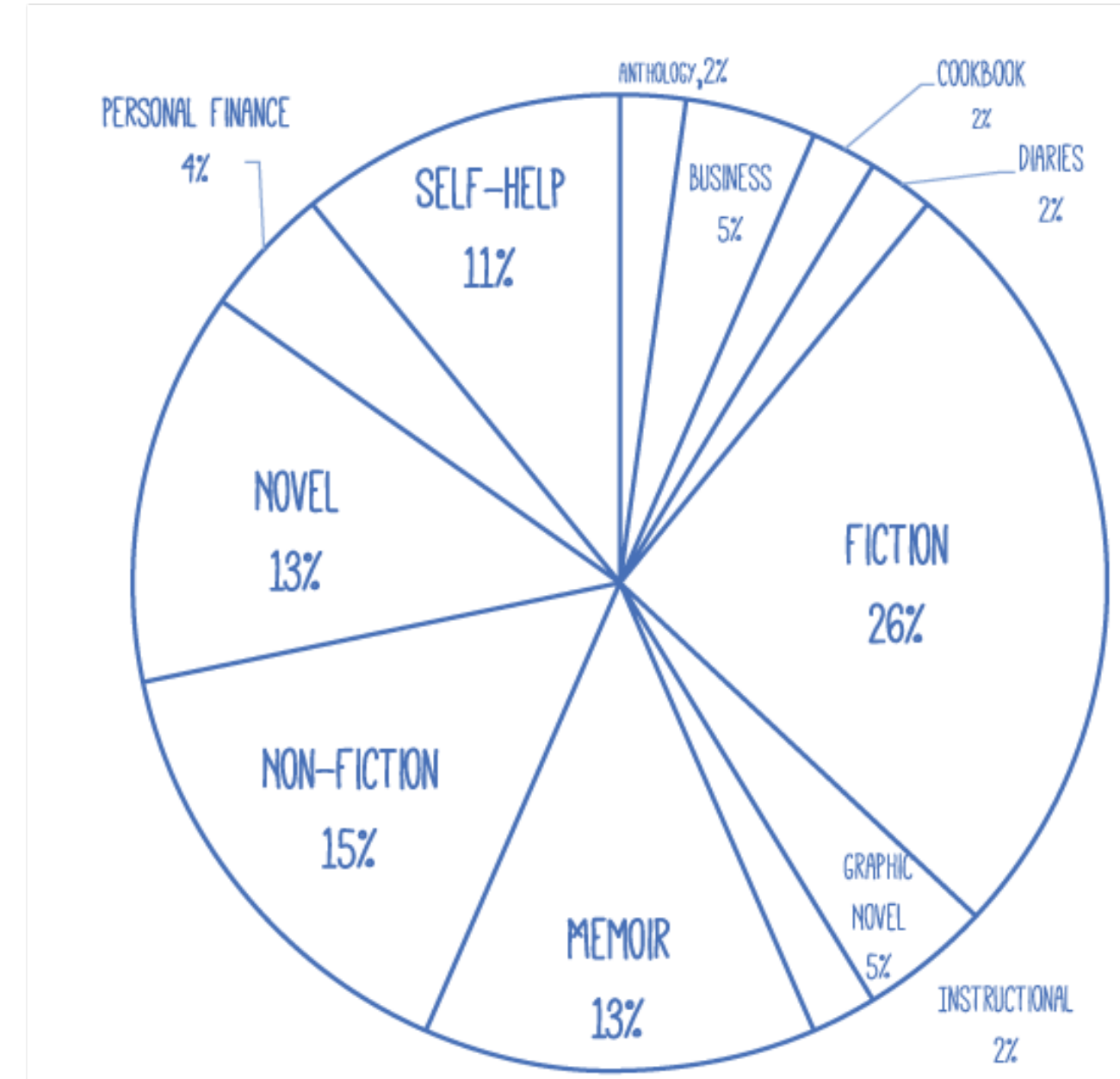
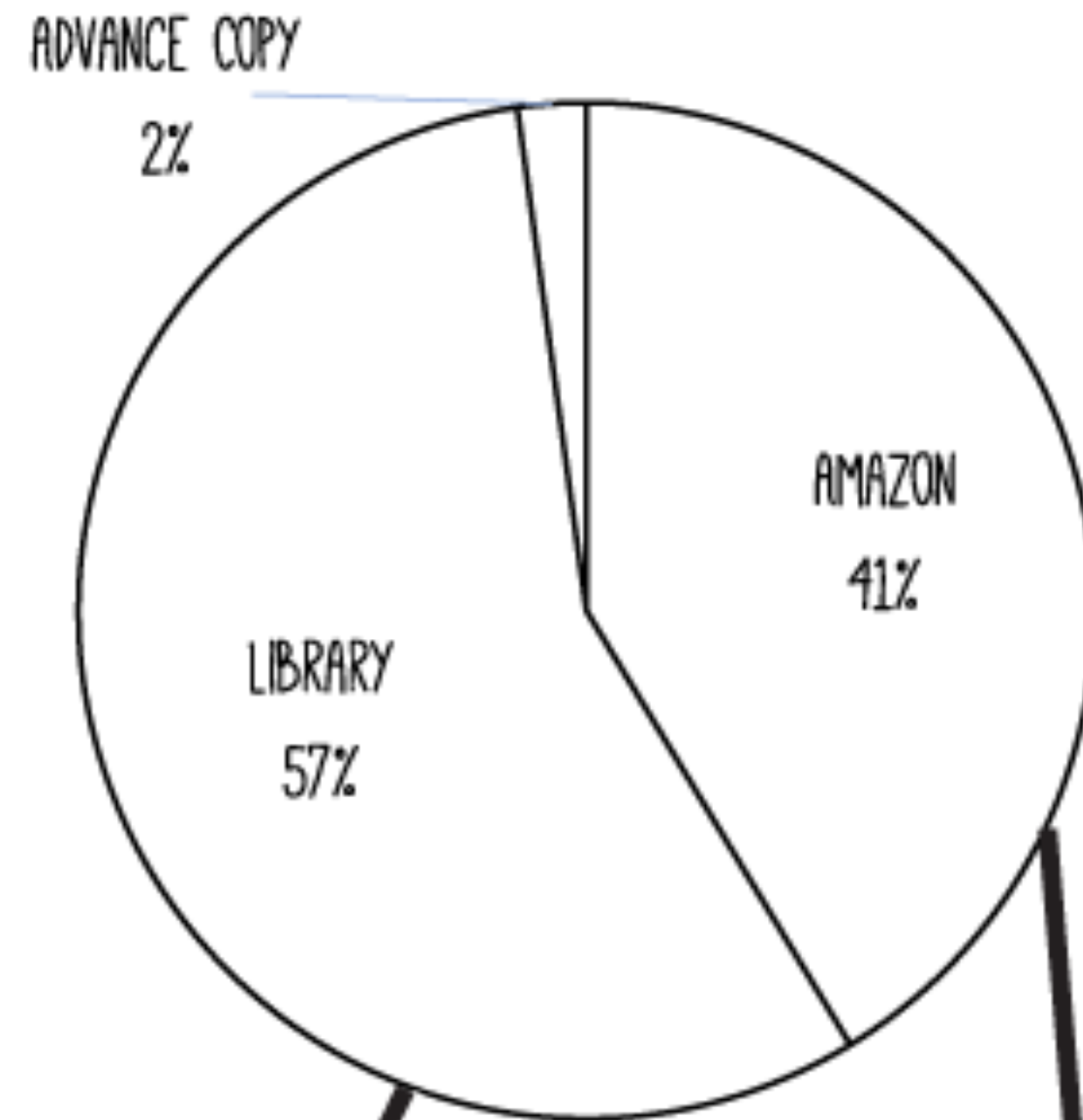


#100DAYSOFGS

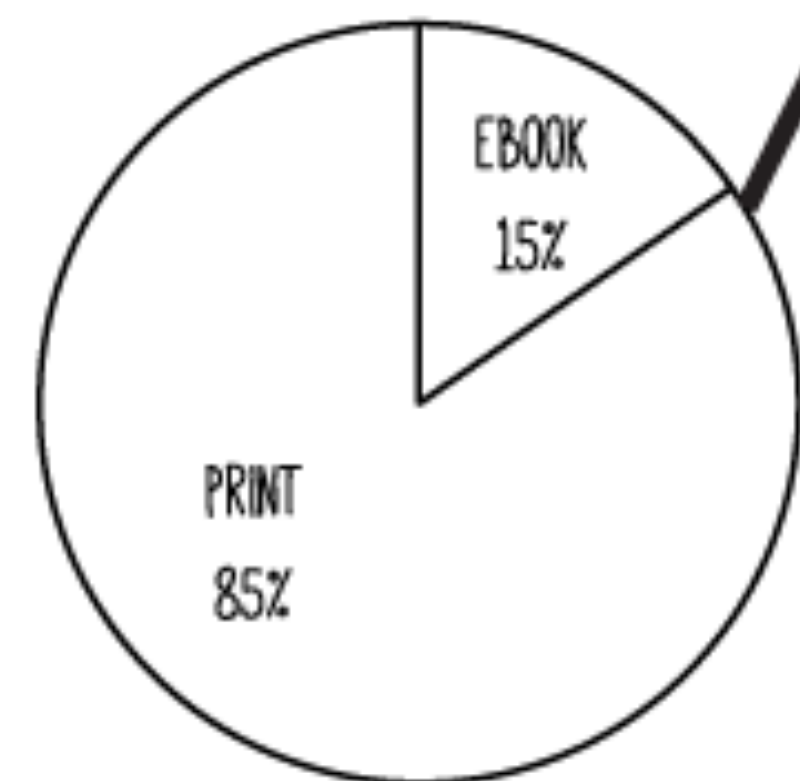
THE GENRES OF THE 47 BOOKS (12,813 PAGES)

12,813 PAGES
WHERE I READ THEM

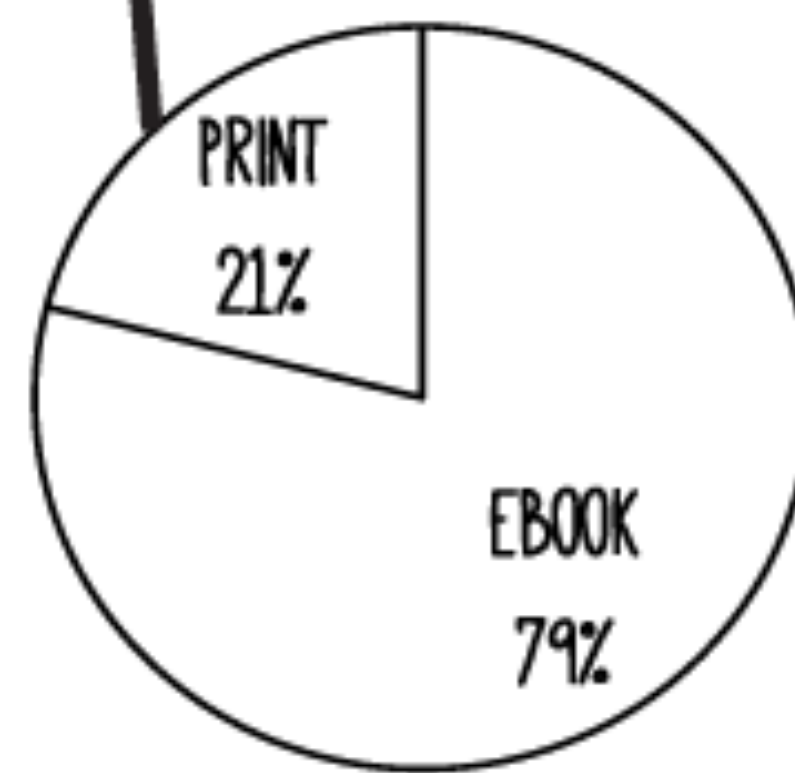
WHERE DO I GET MY BOOKS?



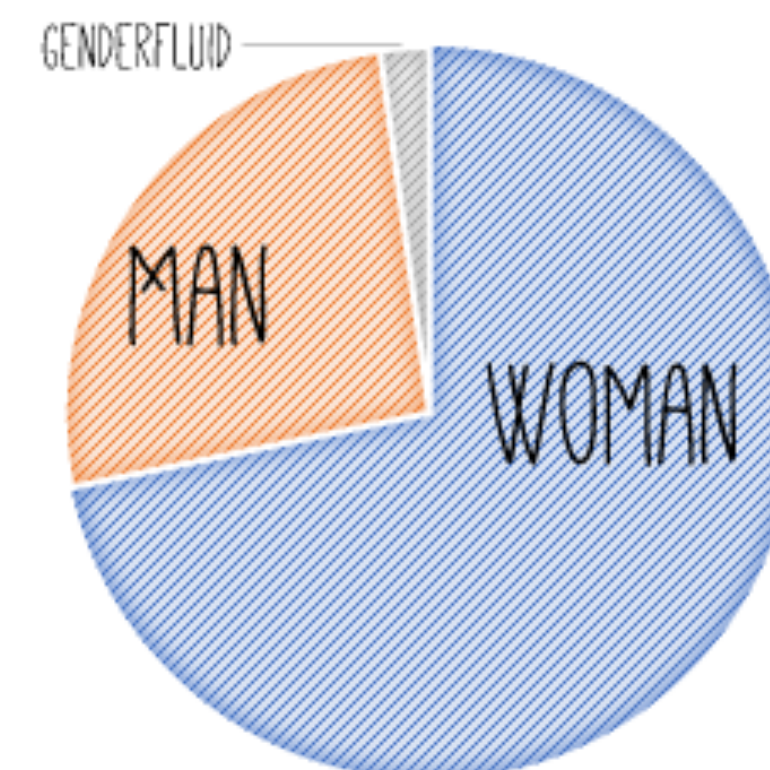
LIBRARY BOOKS



AMAZON BOOK



GENDER IDENTITY OF AUTHOR
(WHEN AVAILABLE)



#100DAYSOFGS

#100DAYSOFGS

My 31st Year

MAKING

1 book

44 podcasts

23 public talks

\$21,977 USD (net)

3 hour, 20 minutes



GOING

14 countries

10,696 train miles

34,335 flight miles

2,062 bike miles

CONSUMING

1,060 tacos

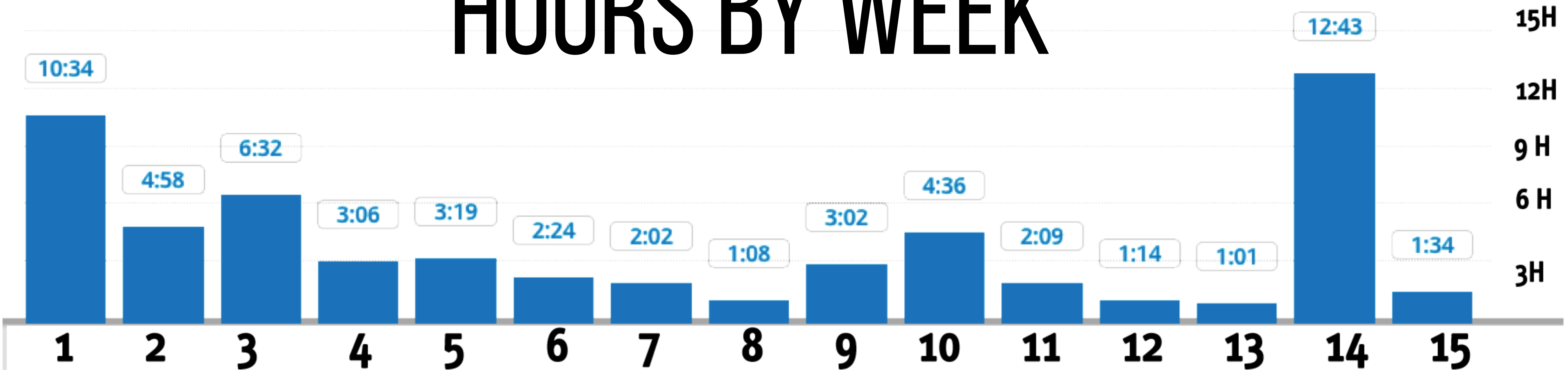
0 alcoholic drinks

1,111 caffeine drinks

12,813 pages

IN TOTAL I SPENT 63 HOURS, 24 MINS ON THIS PROJECT

HOURS BY WEEK



WHAT DID
I LEARN?

1) 100 DAYS IS A LOT OF DAYS

2) WORK AT ANYTHING CONSISTENTLY ENOUGH
AND YOU'LL GET LAZIER AND FASTER.

3) CONSISTENT DATA FORMATS ARE LIFE-SAVING
(CSV FOR THE WIN.)

4) UPLOADING TO INSTAGRAM IS VERY ANNOYING.

5) PEOPLE LIKE JOKES MORE THAN GRAPHS.

SIGN UP FOR
THIS ZINE AT
OHMYDOLLAR.COM/ZINE/

COME GET A ZINE OR
A BOOK FROM ME!

AND FIND ME ON THE INTERNET AT
ANOMALILY.NET

AND @ANOMALILY EVERYWHERE

FIND THE PROJECT AT **#100DAYSOFFQS** ON INSTAGRAM